

## Strategies of cancer cell glucose metabolism in determining cd8+ t cell reprogramming in the ovarian cancer tumor microenvironment

Sanindita Kusumastuti <sup>1</sup>, Nurjati Chairani Siregar <sup>2,3</sup>, Tantri Hellyanti <sup>2,3</sup> and Ria Kodariah <sup>2,\*</sup>

<sup>1</sup> Master's Programme in Biomedical Sciences, Faculty of Medicine, Universitas Indonesia, Jakarta, Indonesia.

<sup>2</sup> Department of Anatomical Pathology, Faculty of Medicine, Universitas Indonesia, Jakarta, Indonesia.

<sup>3</sup> Dr. Cipto Mangunkusumo Hospital, Jakarta, Indonesia.

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### Abstract

Ovarian cancer is the leading cause of death among gynecological neoplasm due to its high proliferation rate and invasive ability. This elevated proliferation rate correlates with increased glycolytic activity, a mechanism also utilized by CD8<sup>+</sup> T cells, which serves as the body's primary line of defense against cancer. Elevated glycolysis in ovarian cancer cells is primarily due to *PIK3CA* mutation, one of the most frequently mutated genes in ovarian cancer. Other mutations contributing to elevated glycolysis include *FOXM1*, *SIK2*, and *PTGES3*, all of which lead to increased glucose uptake and upregulation of glycolytic enzyme expression. CD8<sup>+</sup> T cell activation results in metabolic reprogramming that enhances glycolytic activity, which is important for maintaining their effector functions. In the scarcity of glucose, GAPDH enzyme binds to IFN- $\gamma$  mRNA, inhibiting its translation. Lactate accumulation in tumor microenvironment decreases granzyme secretion and inhibits proliferation and infiltration of effector CD8<sup>+</sup> T cells. Similar metabolic profiles between ovarian cancer cells and effector CD8<sup>+</sup> T cells result in nutrient deficiency and accumulation of lactate in tumor microenvironment, which leads to effector CD8<sup>+</sup> T cells' dysfunction, thereby contributing to immune escape. Intervention in T cell metabolic reprogramming may present opportunity to improve their cytotoxicity toward cancer cells.

**Keywords:** Ovarian cancer; Immunometabolism; Glycolysis; CD8<sup>+</sup> T cells

### 1. Introduction

According to data from GLOBOCAN 2022, ovarian cancer ranked third as the most common gynecological neoplasm worldwide, with an incidence rate of 6,6 per 100.000 population and a mortality rate of 4,2 per 100.000 population [1]. In Indonesia, ovarian cancer is the most prevalent cancer after breast cancer and cervical cancer found in women, with 15.150 new cases and 9.673 total deaths found in 2022 [2]. Factors that influence the risk of ovarian cancer include age, genetic factors such as mutation in *BRCA1/2* and *KRAS* genes, prolonged ovulation cycles such as in early menarche and late menopause, use of hormone replacement therapy, chronic inflammation, environmental exposure such as smoking, as well as diets [3]. These factors can trigger genetic and molecular changes that drive uncontrolled cell growth and proliferation. High proliferation rate in ovarian cancer, particularly in the epithelial type, demands a very high energy intake to sustain cell growth and survival. To meet these energy needs, cancer cells increased the uptake, utilization, and regulation of various nutrient sources, such as glucose, lipids, and amino acids significantly [4, 5]. Over the progression of the disease, ovarian cancer cells experience not only changes in their genetic characteristics but also alterations in metabolic reprogramming. These changes enable cancer cells to survive in less-than-ideal environmental conditions, such as nutrient scarcity, hypoxia, and overcome the cytotoxic effects of therapy, enhancing the cancer aggressivity [5].

\* Corresponding author: Ria Kodariah

One of the main characteristics of cancer cell metabolism is their ability to utilize glycolysis, even in a normoxic condition. This phenomenon is called Warburg effect or aerobic glycolysis [6]. In normal condition, cell uses oxidative phosphorylation in mitochondria to produce ATP when oxygen is available, while glycolysis is mostly used during hypoxia. The primary use of glycolysis in ovarian cancer cells is not only to give the cell energy they need in a short time period, but also to protect cancer cells from oxidative stress that induces apoptosis [5, 7, 8].

On the other hand, ovarian cancer progression is also determined by the complex interactions between cancer cells and other components within the tumor microenvironment (TME), including immune cells like CD8<sup>+</sup> T cells. CD8<sup>+</sup> T cells are activated by tumor antigens expressed on the surface of ovarian cancer cells and play a crucial role in eliminating cancer cells by their cytotoxic activity [9, 10]. Upon activation, CD8<sup>+</sup> T cells use glycolysis as its primary metabolism pathway, similar to ovarian cancer cells [11]. Competition between cancer cells and CD8<sup>+</sup> T cells to obtain glucose from tumor microenvironment may cause nutrient deprivation, resulting in either cancer cells regression or T cells' exhaustion [12, 13].

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## 2. Material and methods

This review is a narrative literature review. A literature research was conducted to retrieve available articles on the role of glucose metabolism in ovarian cancer cells and CD8<sup>+</sup> T cells. All papers were identified using several database search engines, namely Pubmed and Scopus, as well as Cochrane Library and ProQuest, using multiple search terms. Search terms were chosen to include 'ovarian cancer', 'metabolism', 'glycolysis', 'glucose', and 'CD8 T cell'. The search and selection of the article were done with no time frame specified. Relevant papers were screened and chosen for relevance by reviewing titles and abstracts according to the study objectives. Full texts of eligible studies were assessed and selected.

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## 3. Results and discussion

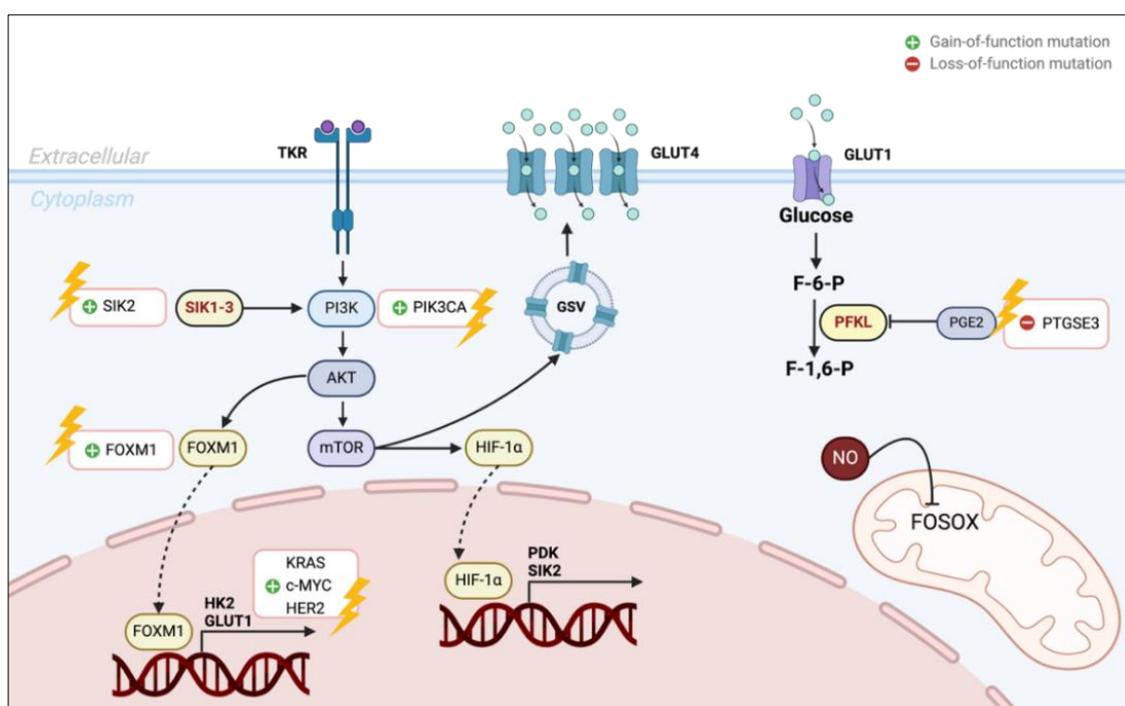
### 3.1. Glucose Metabolism in Ovarian Cancer Cell

The high proliferation rate of ovarian cancer, especially in epithelial type, leads to an increased energy demand by cancer cells to meet their needs. This results in a high rate of uptake, utilization, and regulation of various nutrient sources such as glucose, lipids, and amino acids [14]. As the cancer progresses, cancer cells undergo metabolic reprogramming in order to overcome issues such as nutrient limitations and resist therapeutic effects. In the early phase of tumorigenesis, cancer cells typically use both glycolysis and oxidative phosphorylation as primary mechanisms to produce ATP. Oxygen limitations due to insufficient vascularization to the TME (tumor microenvironment) cause cancer cells located more than 100–200  $\mu\text{m}$  from the nearest blood vessel to rely more heavily on glycolysis, as they are unable to oxidize pyruvate due to a lack of NAD<sup>+</sup> within the cell. Glycolysis produces only 2 ATP molecules per glucose molecule processed, hence in order to meet energy demands, cancer cells increase glucose uptake from the TME [6]. As the cancer can create a more conducive environment, glycolysis remains as its primary metabolic pathway, even under normoxic and hypoxic conditions. This phenomenon, known as the Warburg effect or aerobic glycolysis, provides advantages by allowing cancer cells to survive in the TME and protecting them from the cytotoxic effects of oxidative stress, which can trigger apoptosis in cancer cells [5]. Approximately 60% of the ATP used by cancer cells is derived from aerobic glycolysis [4]. The glycolytic pathway itself is complex due to its bidirectional metabolic flow, feedback inhibition mechanisms, and involvement of numerous intermediate metabolites that serve as biosynthetic precursors needed for cancer cell proliferation [6]. The metabolic shift toward oxidative phosphorylation occurs in response to lactic acidosis and low glucose levels in the TME, demonstrating the capability of ovarian cancer cells to exhibit dual metabolic phenotypes [5].

The ability of ovarian cancer cells to absorb glucose is influenced by oncogenic mutations that drive tumorigenesis [4]. The *PIK3CA* gene (phosphatidylinositol-4,5-bisphosphate 3-kinase catalytic subunit alpha) is one of the genes in ovarian cancer that frequently undergoes mutation and is responsible for increasing the proliferation and invasiveness ability of ovarian cancer [15]. Increased expression of *PIK3CA* leads to overactivation of the PI3K/AKT/mTOR pathway, which plays a role in glucose signaling by enhancing the translocation of GLUT4 to the cancer cell membrane, thus facilitating glucose uptake by cancer cells [4, 16]. Besides the overexpression of *PIK3CA*, increased expression of *FOXM1* (forkhead box protein M1) also contributes to enhance glucose absorption. *FOXM1* is a transcription factor that can recognize the promoter region of *GLUT1*, thereby increasing *GLUT1* expression and facilitating glucose uptake. Compared to *GLUT4*, *GLUT1* has a higher affinity to glucose hence comprises its ability to uptake glucose in low-glucose condition [4].

The increase in glycolysis in ovarian cancer cells is mediated by several signaling pathways. HIF-1 $\alpha$ , induced by hypoxic conditions in cancer cells, can modulate glucose metabolism in ovarian cancer through several mechanisms: 1) activation of VEGF/RTKs; and 2) activation of HIF-1 $\alpha$ /RTK [17–19]. VEGF/RTKs activate the PI3K/AKT pathway, which in turn enhances GLUT1 expression and translocation [5]. Activation of HIF-1 $\alpha$ /RTK increases the expression of PDK1 [18]. Pyruvate dehydrogenase kinase (PDK), along with the pyruvate dehydrogenase complex (PDC), regulates the metabolic reprogramming of ovarian cancer cells. PDC functions to convert pyruvate into acetyl-CoA, which enters the tricarboxylic acid (TCA) cycle or Krebs' cycle. PDC activation is regulated by PDK, which phosphorylates PDC, thereby inhibiting its activation and function [5, 6]. In ovarian cancer, increased PDK1 expression via HIF-1 $\alpha$ /RTK leads to decreased pyruvate oxidation. This results in the inability to produce ATP even in the presence of oxygen [18]. Salt-inducible kinase (SIK) 1-3 are serine/threonine kinase proteins that are also overexpressed in epithelial ovarian cancer. Activation of SIK through the PI3K/AKT/HIF-1 $\alpha$  pathway can increase the transcription of various genes involved in glycolysis, thereby enhancing the Warburg effect in ovarian cancer [20].

Mutation of the tumor-suppressive gene *PTGES3* in ovarian cancer contributes to the invasive and metastatic potential of ovarian cancer through increased glucose metabolism via glycolysis [21]. Under normal conditions, *PTGES3*, a prostaglandin E2 (PGE2) synthase, can bind to phosphofructokinase liver-type (PFKL) and synthesize PGE2, which inhibits PFKL activity. Suppression of PFKL activity results in a reduction of glycolysis. In ovarian cancer, mutation of *PTGES3* gene causes decreased expression of *PTGES3*, which prevents the inhibitory pathway of PFKL. This results in increased glucose metabolism via glycolysis, ultimately contributing to the invasive and metastatic potential of ovarian cancer [21].



**Figure 1** Factors regulating glucose metabolism in ovarian cancer cells. Mutations which cause gain-of-function in *SIK2*, *PIK3CA*, and *FOXM1* genes in ovarian cancer cells contribute to enhance glucose uptake and glycolysis rate. Another mutation in *PTGES3* gene leads to loss of function of PGE2 protein, thereby further increasing glycolysis rate. Additionally, nitric oxide found in ovarian cancer cells prevents inhibition of glycolysis by blocking ATP production through oxidative phosphorylation in mitochondria. AKT, protein kinase B. c-MYC, cellular MYC. F6P, fructose-6-phosphate. F1,6P, fructose-1,6-biphosphate. FOSOX, oxidative phosphorylation. FOXM1, forkhead box protein M1. GLUT, glucose transporter. GSV, glucose-transporter storage vesicle. HER2, human epidermal growth factor receptor 2. HIF-1 $\alpha$ , hypoxia inducible factor 1 $\alpha$ . HK2, hexokinase 2. mTOR, mammalian target of rapamycin. No., nitric oxide. PDK, pyruvate dehydrogenase kinase. PFKL, phosphofructokinase, liver type. PGE2, prostaglandin E2. PI3K, phosphatidylinositol 3-kinase. PIK3CA, phosphatidylinositol-4,5-bisphosphate 3-kinase catalytic subunit alpha. *PTGES3*, prostaglandin E synthase 3. SIK, salt inducible kinase. TKR, tyrosine kinase receptor

The presence of nitric oxide (NO) in ovarian cancer cells is also known to sustain glycolysis pathways in cells under normoxic conditions [22]. NO can inhibit mitochondrial respiration, leading to the inability of cells to produce ATP

through oxidative phosphorylation, thus pushing cancer cells to rely on glycolysis as their main energy-generating metabolism [22]. NO binds to cytochrome oxidase (COX), or complex IV, in the electron transport chain located on the inner mitochondrial membrane [23]. COX acts as the terminal complex of the electron transport chain, transferring electrons from cytochrome C to oxygen molecules, producing water [6].

The feedback inhibition mechanism in glycolysis is mediated by various enzymes and metabolites involved in glycolysis itself. Hexokinase (HK) is the first enzyme that initiates the glycolysis pathway by converting glucose to glucose-6-phosphate, which can regulate the rate of glycolysis through lactate inhibition of HK [6]. Overexpression of FOXM1 (forkhead box protein M1) in ovarian cancer and induction by IL-6 produced by cancer-associated fibroblasts (CAF) in the ovarian cancer TME disrupts this inhibition mechanism, leading instead to an increase in glycolysis in ovarian cancer by enhancing HK expression [24, 25]. High HK expression is associated with advanced stages and poor patient survival in ovarian cancer.[24] The rate of glycolysis can also be mediated by other enzymes, such as lactate dehydrogenase A (LDHA), which reduces pyruvate to lactate. This reduction requires NADH to be converted into NAD<sup>+</sup>, which can then be reused in subsequent glycolysis reactions [6]. Without this mechanism, NAD<sup>+</sup> cannot be regenerated, which would limit the rate of glycolysis in cancer cells [26].

Excessive glycolysis in ovarian cancer cells will lead to the production of large amounts of lactate. The increase of lactate within cancer cells will cause overexpression of monocarboxylate transporters (MCT)-1 and MCT4, a type of solute carrier, which will expel lactate from the cell to prevent intracellular lactic acidosis.[26] This mechanism will lead to increased lactate levels in the TME, which will, in return, affect the immune response against cancer [26]. Additionally, cancer cells utilize lactate to prevent cell death from chemotherapy through lactylation of Nijmegen Breakage Syndrome-1 (NBS1), thereby promoting the formation of the meiotic recombination 11 (MRE11)-radiation sensitive 50 (RAD50)-NBS1 (MRN complex), which plays a role in DNA repair mechanisms through homologous recombination [8].

### 3.2. Glucose Metabolism in CD8<sup>+</sup> T Cell

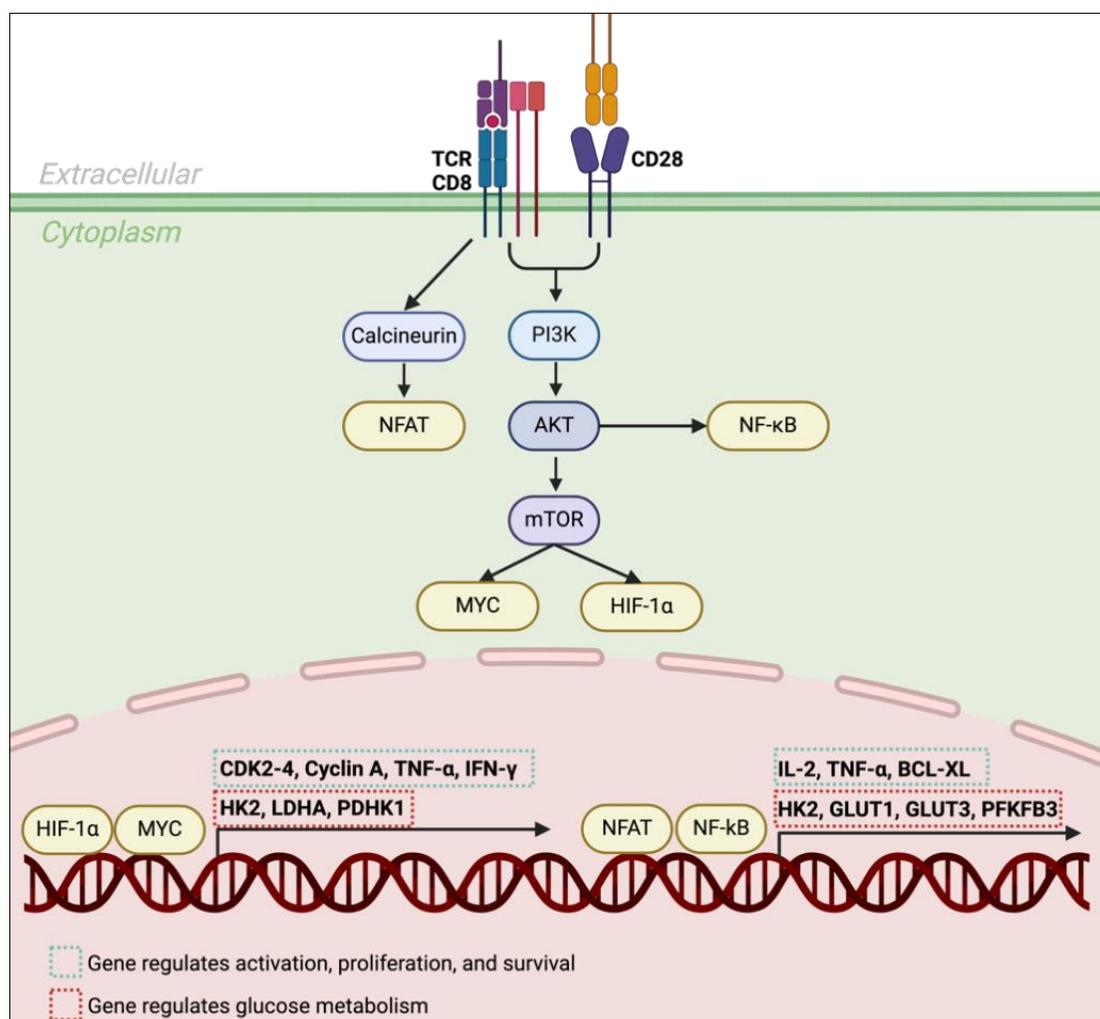
In general, immune cells utilize various forms of metabolism to meet the energy and metabolite requirements needed to support survival, differentiation, proliferation, and other cellular functions [27, 28]. When infection or inflammation occurs, as well as in cancer, immune cells undergo a series of metabolic reprogramming changes to ensure sufficient energy for their effector functions [13]. CD8<sup>+</sup> cytolytic T cells utilize glycolysis, the TCA cycle, oxidative phosphorylation, glutaminolysis, and fatty acid oxidation (FAO). The metabolic pathway used depends on their differentiation and metabolic needs of the T cell to support its function at each differentiation stage. This metabolic reprogramming determines the effector function and phenotype of the T cell, including its role as a pro-tumor or anti-tumor cell [29].

Until its activation by an antigen, naive T cells are generally in a resting state as they are not actively proliferating and therefore do not require high energy. The catabolic metabolism that occurs in naive T cells typically involves oxidative phosphorylation to produce ATP. This is because oxidative phosphorylation requires a longer process and the presence of oxygen to produce ATP [13]. In activated CD8<sup>+</sup> T cells, T cells undergo reprogramming mediated by TCR together with CD28 costimulation to support CD8<sup>+</sup> T cell proliferation and function [30, 31]. Activation of CD8<sup>+</sup> T cells through TCR and CD28 costimulation activates various signaling pathways, including PI3K/AKT/mTOR. AKT activation increases the expression of NF- $\kappa$ B and the anti-apoptotic protein BCL-XL, which enhances the synthesis of pro-inflammatory cytokines such as IL-2 and TNF- $\alpha$ , as well as increasing CD8<sup>+</sup> T cell proliferation [30]. Further activation of AKT/mTOR increases the expression of 1) MYC, which promotes further T cell proliferation through the synthesis of cyclin-dependent kinase (CDK)-2/4 and cyclin A; and 2) HIF-1 $\alpha$ , which plays a role in the synthesis of cytokines such as IFN- $\gamma$ , TNF- $\alpha$ , and granzyme. TCR activation also activates calcineurin, which in turn activates NFAT, and NFAT plays a role in activating gene expression related to CD8<sup>+</sup> T cell proliferation and activation, such as IL-2 and TNF- $\alpha$  [30].

Aside from activating effector functions, AKT/mTOR activation by TCR and CD28 signals increases glycolysis regulation in CD8<sup>+</sup> T cells by increasing GLUT1 expression on the CD8<sup>+</sup> T cell membrane surface. Increased GLUT1 leads to enhanced glucose uptake, which further increases glycolysis reactions to produce pyruvate and ATP, fulfilling CD8<sup>+</sup> T cell energy needs. Increased pyruvate production through glycolysis results in pyruvate conversion to acetyl-CoA, which enters the TCA cycle. The TCA cycle produces alpha-ketoglutarate ( $\alpha$ -KG), which serves as an intermediate metabolite for cell proliferation. Increased acetyl-CoA in the cell enhances histone acetyltransferase (HAT) enzyme activity, facilitating chromatin remodeling to allow transcription factors better access to genes involved in glycolysis in CD8<sup>+</sup> T cells [30].

MYC activation by the AKT/mTOR pathway increases glycolysis in CD8<sup>+</sup> T cells by upregulating miR-17~92 expression. miR-17~92 is a polycistronic microRNA complex that enhances the sensitivity of activated CD8<sup>+</sup> T cells. MYC also increases the expression of glutamine transporters such as SLC32A1 and SLC32A2 on the CD8<sup>+</sup> T cell surface. This

increases glutamine utilization, triggering glutaminolysis mediated by the glutaminase (GLS) enzyme, producing glutamate [13, 30]. Glutamate can be converted back to  $\alpha$ -KG through the TCA cycle, which is essential for nucleotide, lipid, and protein synthesis in CD8<sup>+</sup> T cells. The TCA cycle also produces NADH and FADH<sub>2</sub>, which serve as electron donors in the oxidative phosphorylation pathway in the inner mitochondrial membrane to produce ATP. This mechanism of using glutamine as an energy source in activated CD8<sup>+</sup> T cells is an alternative used when CD8<sup>+</sup> T cells are in a low-glucose environment. NFAT activation through TCR signaling via calcineurin can increase glycolysis by upregulating GLUT1 and GLUT3 expression [13]. NFAT also upregulates hexokinase expression, which is involved in the glycolysis pathway, and its overexpression enhances glycolysis in CD8<sup>+</sup> T cells. Further NFAT activation can activate MYC and HIF-1 $\alpha$ , increasing glycolysis in CD8<sup>+</sup> T cells [28, 30]. These data highlight the role of CD28 in modulating the metabolism of activated effector CD8<sup>+</sup> T cells.



**Figure 2** Factors regulating glucose metabolism in CD8<sup>+</sup> T cells. Activation of CD8<sup>+</sup> involving CD28 triggers a cascade of intracellular signaling pathways that eventually activate protein responsible for increasing glycolysis rate. This metabolic reprogramming supports CD8<sup>+</sup> T cell activation and survival, characterized by the production of cytokines and other proteins essential for cells survival. CD, cluster of differentiation. CDK, cyclin-dependent kinase 2. HIF-1 $\alpha$ , hypoxia inducible factor 1 $\alpha$ . HK, hexokinase. LDHA, lactate dehydrogenase A. PDHK1, pyruvate dehydrogenase kinase 1. mTOR, mammalian target of rapamycin. NFAT, nuclear factor of activated T-cells. PFKFB3, phosphofructokinase-2/fructose-2,6-bisphosphatase 3. TCR, T-cell receptor

CD8<sup>+</sup> T cell reprogramming can also occur through pathways that do not involve the CD28 co-stimulator. TCR signaling can activate PDHK1 (pyruvate dehydrogenase kinase 1) associated with LAT (linker for activation of T cell family member 1). PDHK1 activation inhibits PDH (pyruvate dehydrogenase), which converts pyruvate to acetyl-CoA to enter the TCA cycle. This results in pyruvate accumulation, inducing its conversion to lactate by lactate dehydrogenase (LDH) [11]. The increased glucose requirement is necessary to meet the demands for ATP, intermediate metabolites, and cytokine production. Intermediate metabolites from glycolysis, such as glucose-6-phosphate, are used in the pentose

phosphate pathway for nucleotide synthesis. Like cancer cells, activated CD8<sup>+</sup> T cells rely heavily on glycolysis as the primary metabolic pathway, even in the presence of oxygen [32]. Excess lactate production in effector CD8<sup>+</sup> T cells is then expelled from the cell. The inefficiency of oxidative phosphorylation in effector CD8<sup>+</sup> T cells may be due to mitochondrial fragmentation and the loosening of mitochondrial cristae areas in these T cells. Consequently, mitochondria's ATP production role is replaced by glycolysis and glutaminolysis, while mitochondria play a more supportive role in facilitating various signaling pathways required for T cell proliferation, migration, and cytokine synthesis. For example, mitochondria-derived ROS are used as secondary signals for IFN- $\gamma$  synthesis induced by IL-12/IL-18 signaling and post-antigen activation proliferation [33].

### 3.3. CD8<sup>+</sup> Metabolic Reprogramming in Tumor Microenvironment

In light of the previous explanation, ovarian cancer cells and CD8<sup>+</sup> T cells share similar metabolic profiles and nutrient requirements, with both increasing aerobic glycolysis to support proliferation and each cell's respective functions. Other studies using DEG (differentially expressed gene) analysis have shown a common increase in the expression of genes involved in glycolysis in ovarian cancer cells and genes involved in glucose uptake and glycolysis in T cells co-cultured with ovarian cancer cells [27]. This allows competition between them for nutrients, especially glucose, present in the TME. The high metabolic rate and nutrient demands of cancer cells can suppress T cell metabolism, potentially contributing to exhaustion in CD8<sup>+</sup> T cells. The limited glucose availability results in a lower glycolytic metabolic rate in T cells, leading to the loss of intermediate metabolites that are crucial for maintaining CD8<sup>+</sup> T cell effector function [34]. Over time, this condition can result in irreversible CD8<sup>+</sup> T cell dysfunction, one example being the impaired ability of CD8<sup>+</sup> T cells to produce IFN- $\gamma$  [30]. Glucose scarcity in the TME due to competition between cancer and CD8<sup>+</sup> T cells can cause dysfunction in enzymes involved in glycolysis, such as GAPDH (glyceraldehyde-3-phosphate dehydrogenase), preventing CD8<sup>+</sup> T cells from producing IFN- $\gamma$ . GAPDH can bind to IFN- $\gamma$  mRNA, interfering with translation and reducing IFN- $\gamma$  synthesis [27, 35].

The presence of lactate in the ovarian cancer TME can impair CD8<sup>+</sup> T cell motility, affecting their infiltration into ovarian cancer tumors. Lactate acts as an inhibitor of the enzymes HK and phosphofructokinase (PFK), which regulate the glycolytic rate in T cells. This can disrupt ATP production needed by CD8<sup>+</sup> T cell, thus decreasing their migratory capacity [36]. Extracellular lactate acidosis in the ovarian cancer TME has been shown to reduce the cytotoxic activity of CD8<sup>+</sup> T cell [37]. CD8<sup>+</sup> T cell relies on the enzyme pyruvate carboxylase (PC) to convert pyruvate to oxaloacetate, allowing it to enter the TCA cycle and produce essential metabolic intermediates for CD8<sup>+</sup> T cell. Through this reaction, succinate is not converted to fumarate and can be secreted by T cells. Succinate secretion has an autocrine effect on CD8<sup>+</sup> T cell through succinate receptor 1 (SUCNR1), enhancing the cytotoxic activity of CD8<sup>+</sup> T cell in synthesizing perforin and granzyme. Excess lactate in the TME can alter pyruvate metabolism to enter the TCA cycle, typically by activating the PDH enzyme to produce acetyl-CoA, which then converts succinate to fumarate, thereby reducing succinate secretion [37].

Moreover, the lactate production generated by cancer cells in the TME can lead to acidosis, which may promote stromal cell transitions, particularly the transformation of adipocytes into cancer-associated fibroblasts (CAFs). CAFs can secrete activin, which reduces the expression of CXCL9, CXCL10, and CXCL11 by various cells in the TME, leading to the loss of recruitment signals for CD8<sup>+</sup> T cells. CAFs can also express Presenilin 1 (PS1), which enhances the secretion of IL-1 $\beta$  through the activation of  $\beta$ -catenin in ovarian cancer cells. IL-1 $\beta$  can decrease the proliferation capacity and effector function of CD8<sup>+</sup> T cell via the EPAS1/iNOS-NO pathway [38]. Interestingly, lactate along with increased potassium and hydrogen levels in the TME, can induce metabolic changes that restore stemness characteristics in T cells. This is particularly attributed to the effects of these three factors on the expression of TCF1 (T-cell factor 1). TCF1 has histone deacetylase (HDAC) activity, which can maintain T cell stemness by inhibiting genes involved in T cell differentiation. Modulating T cell stemness functionality may allow for a better anti-tumor response from the T cell population [39].

The expression of immune checkpoints, such as CTLA-4, PD-1, and TIM-3, on the surface of CD8<sup>+</sup> T cells is often exploited by cancer cells to suppress the cytotoxic activity of CD8<sup>+</sup> T cells through metabolic reprogramming. The PD-1/PD-L1 interaction can shift the metabolic pathway from glycolysis to fatty acid oxidation (FAO) through STAT3 activation. Both PD-1 and CTLA-4 can suppress glycolysis, ultimately reducing the anti-tumor capabilities of CD8<sup>+</sup> T cells [40].

### 3.4. Therapeutic Potential of CD8<sup>+</sup> Metabolic Reprogramming

The metabolic changes occurring in solid tumors, including ovarian cancer, are one of the factors that contribute to the limited effectiveness of immunotherapy in treating solid tumors. Additionally, the scarcity of nutrients in the TME leads to impaired effector function in CD8<sup>+</sup> T cells. Considering the metabolic reprogramming mechanisms in CD8<sup>+</sup> T cells and the interactions between the metabolic pathways of cancer cells and CD8<sup>+</sup> T cells within the TME, it suggests the potential for metabolic intervention as a therapeutic target in ovarian cancer.

A study about metabolic reprogramming of CD8<sup>+</sup> T cells was conducted by Markowitz et al. [41], shifting their dominant pathway from glycolysis to the pentose phosphate pathway by inhibiting the enzyme PKM2. PKM2<sup>-/-</sup> CD8<sup>+</sup> T cells, when introduced into cancer organoids, demonstrated improved infiltration ability and cytotoxic activity. These cells exhibited a CD8<sup>+</sup> T cell phenotype similar to progenitor cells, with peak characteristics, responsiveness to PD-1 inhibitor therapy, and the maintenance of a population of CD8<sup>+</sup> T cells with constant cytotoxic activity [41].

The development of immune checkpoint inhibitors (ICI) in cancer immunotherapy, which modulate the metabolism of CD8<sup>+</sup> T cells, has been widely explored to enhance the anti-tumor capabilities of CD8<sup>+</sup> T cells. PD-1 inhibitors can increase glycolysis in CD8<sup>+</sup> T cell, improve oxidative phosphorylation pathways, reduce the risk of apoptosis in CD8<sup>+</sup> T cells through upregulation of anti-apoptotic proteins like Bcl-2 and Cpt1, and enhance CD8<sup>+</sup> T cell infiltration in the TME by increasing the expression of CXCL9 and CXCL10 in tumor cells and CXCR3 expression in CD8<sup>+</sup> T cells [40].

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#### 4. Conclusion

Ovarian cancer cells adapt by altering their metabolic programming, utilizing glycolysis to generate energy even in normoxic conditions, a phenomenon known as the Warburg effect. These cancer cells not only compete with CD8<sup>+</sup> T cells for glucose in the tumor microenvironment (TME) but also induce dysfunction in CD8<sup>+</sup> T cells, diminishing the effectiveness of the immune response against the tumor. Understanding these complex interactions and the associated metabolic changes offers new insights for developing more effective cancer therapies, including immunotherapy strategies that address metabolic barriers within the TME.

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#### Compliance with ethical standards

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##### *Disclosure of conflict of interest*

The authors have no conflict of interest to disclose.

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