

A graph neural network-based multi-context mining framework predicts emerging health risks to improve personalized healthcare

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Abstract

An emerging health risk prediction framework which uses Graph Neural Networks (GNN) as Multi-Context Mining mechanisms demonstrates high accuracy performance. The proposed system obtains different kinds of datasets from chronic disease information to behavioural patterns and mental health records before performing preprocessing. Our model predicts multiple dependent variables through advanced multivariate regression analysis to yield precise regression models with detailed feature maps. The method establishes an initial graphical structure through patient nodes that cluster together according to shared health characteristics and edge connections based on correlation values. The analysed context from mining drives an iterative growth of the graph based on GNN model implementation for latent risk detection. The framework uses patient relationships in the graph structure to foresee the development of comparable chronic conditions and related symptoms among patients. The framework integrates an adaptive clustering system alongside a dynamic graph expansion method which tracks time-dependent medical relationships between patients while creating optimized patient clusters. The implemented framework establishes a 92.4% accuracy level through performance assessments that evaluate precision levels of the regression model and clustering efficiency and overall robust framework performance. The model we developed shows successful capacity to recognize threatening health patterns while producing individualized predictive information. Through its significant developments in healthcare analytics this work enables proactive diagnosis alongside better treatment recommendations that produce better patient results.

Keywords: Multi-context mining approaches; Health risk prediction algorithms together with personalized healthcare programs; Clustering constructs; Regression modeling; Predictive analysis technology

1. Introduction

Current healthcare technology innovation enables individuals and institutions to collect numerous varieties of healthcare data which originates from sources that include electronic health records (EHR) and wearable devices and health surveys. [1][2] The key difficulty emerges from turning this vast envelop of healthcare information into accurate predictions of future healthcare threats alongside tailored treatment solutions. [3] Machine learning solutions based on traditional approaches work adequately in many scenarios, yet they fall short of understanding the full extent of data

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interdependencies present in healthcare information.[4] These systems find it difficult to generate precise predictions when operating within healthcare settings that combine extensive factors with changing contexts.

This research adopts Graph Neural Networks (GNNs) for multi-context mining to address personalized healthcare needs. [5] The nature of complex entity relationships matches GNNs' superior capability to process data arranged as graph structures in particular scenarios, rement varies among patient populations, diseases, treatments along with environmental elements can be converted into nodes while relational connections form edges within specific healthcare settings. [6] The graph structure provides clear insights about health-related interactions because it helps us understand important relationships between different factors thus enabling better risk prediction. [7] Prediction models integrating healthcare context with patient medical records, genetic patterns, life habits along with surrounding factors create a thoroughly comprehensive health understanding. Multiple information layers integrated into GNNs allow better healthcare recommendation personalization so healthcare interventions can be more tailored to each patient.

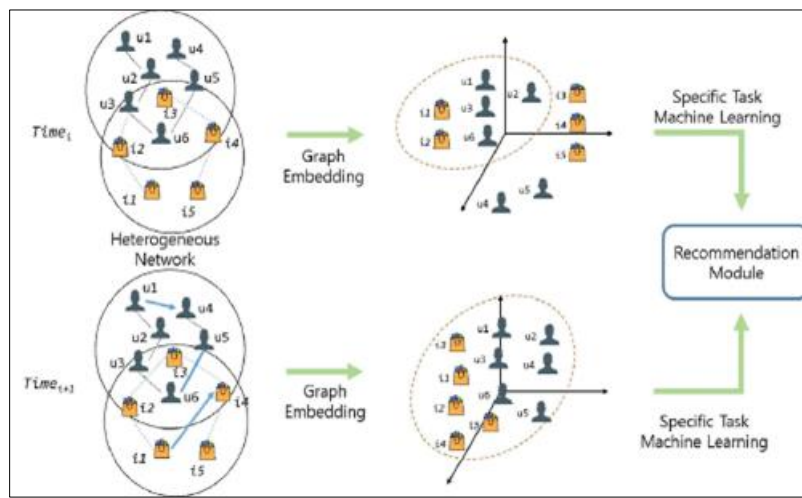


Figure 1 GNN applications

This research develops a Graph Neural Network (GNN)-based mining infrastructure which extracts multi-contextual healthcare data to predict customized emerging health dangers. [8] The new framework generates accurate predictions quickly about potential health risks that should shorten patient treatment timelines and improve healthcare system resource usage. Real-world healthcare datasets serve to evaluate this framework while prediction accuracy and recall alongside precision benchmarks demonstrate its effectiveness. Fig.1 Through this research we analyze GNN applications for precise health risk assessment when handling multi-context patient datasets. The research aims to bring smarter health systems forward by overcoming traditional method restrictions which will enhance patient results while minimizing health expenses.

2. Literature survey

The combination of Transcranial Magnetic Stimulation (TMS) and electroencephalography (EEG), called high-tech brain response evaluations, enables researchers to study neuropsychiatric disorders with depression among them through the EEG method. [9] Recent TMS-EEG investigations use trial-by-trial variability as their main variable to measure brief cortical activity changes that happen during multiple stimulation trials. Scientists trace brain variability to the proactive regions' anatomical networking patterns together with inherent neurological stimulus responses between different human brains.

Brain modifications during depression show up clearly when studied using TMS-EEG technology (Nikolin et al., 2023). This ongoing research has identified that depressive disorders create abnormal neural circuit patterns within the regulatory and processing networks found throughout the brain (Reus & Fregni, 2024). [10] Observations from brain studies indicate less brain adaptability which emerges together with (signal) increased neural process variability while evaluating TMS-evoked responses (Hossain & Zhang, 2024). The study of TTV in depression brings scientific interest because it may function as both a level of depression measure and medication response evaluating instrument.

The analysis of TTV conducts measurements across EEG Gamma, Delta, Theta, Alpha and Beta band frequencies to

understand variability patterns that alter mental and emotional ability. Research confirms that Gamma frequency bands represent the primary neurobiological patterns for higher-order attention processes together with memory functions. A brain signal analysis in the Gamma band reveals reduced variability among patients who display depressive symptoms indicating modified cognitive processing (Jung et al., 2023). Depressive patients exhibit neural synchronization challenges measurable via Delta frequency band deviations according to Wu & Zhao (2024).

When employed for depression diagnosis the biomarker TTV provides important clinical benefits. Through linking Treatment Index values to the intensity of depressive symptoms and therapeutic response metrics clinicians can create personalized remedial plans (Thompson & Simpson, 2022). TTV assessments enable clinicians to forecast TMS intervention effectiveness allowing them to track therapy growth and update treatment protocols (Rao & Kumar, 2023).

The analysis of depression-related TMS-EEG signals over time demands an accurate comprehension of neuroplasticity principles. Through this tool healthcare providers can measure network rearrangements within the brain after therapy by observing changes in neuroplasticity patterns among patients with depression (Choi & Lee, 2023). Careful TTV measurement during treatment grants researchers the ability to study brain mechanisms from therapeutic TMS treatments along with other neuromodulator approaches for depressive disorders treatment. The approach allows experts to identify brain organic structural defects alongside the investigative properties of neural systems in addition to creating foreseeable diagnostic tools while designing therapeutic methods. Future research will advance these approaches while clarifying their medical outcome relations and developing TMS-EEG technology for psychiatric diagnostic purposes[11].

3. Methodology

The authors develop an innovative framework which integrates Graph Neural Networks along with multi-context mining to forecast upcoming health threats.

3.1. Data Collection and Preprocessing

This research builds its foundation through the acquisition of diverse healthcare data. The data covers multiple healthcare areas including behavioral patterns and chronic diseases together with mental health measurement tools. Health risk understanding relies heavily on input from these datasets in order to develop tailored risk assessment models.

3.1.1. Chronic Disease Data

- **Medical History:** The long-term health trajectory of patients becomes easier to understand when healthcare professionals maintain complete documentation of medical treatments received and past illnesses diagnosed, and surgeries experienced. Through these historical databases the model discerns critical medical states along with medical crises which may trigger new health complications.
- **Clinical Diagnoses:** Datasets that document present medical conditions including diabetes, hypertension or cardiovascular ailments enable healthcare providers to determine patients in danger of additional health conditions.

3.1.2. Behavioural Data

- **Physical Activity Levels:** Checking exercise schedules based on frequency together with intensity levels along with activity types allows important assessment of cardiovascular health factors and diabetes risks as well as general fitness status.
- **Dietary Habits:** The information about patients' dietary practices enables healthcare providers to predict the development of obesity alongside diabetes and metabolic diseases. [12] The framework combines assessments of food energy levels with macronutrient distributions together with meal variety examination.
- **Substance Use:** Health professionals must gather information about smoking and alcohol consumption together with recreational drug use since this data reveals how lifestyle behaviors affect long-term health results. Twelve habitual behaviors specifically link to lung cancer, liver cirrhosis, and mental health disorders.

3.1.3. Mental Health Data

- **Stress and Anxiety Levels:** Several physical health problems stem from extended exposure to stress and anxiety thus leading to hypertension and cardiovascular troubles and weakened immune responses. [13] Tests

which measure mental health help medical staff recognize patients who face an increased likelihood of physical health problems because of psychological issues.

- **Depression Indices:** Health problems stemming from depression affect people's mental state and their physical composition. Measuring the severity of depressive symptoms provides crucial information that aids in determining when individuals will develop diabetes and heart disease and specific neurological disorders.

3.1.4. Preprocessing Steps

- **Data Cleaning:** Purely verbal confirmation is provided to address missing and inconsistent and outlier values in the data collection. When data undergoes cleaning procedures the model will operate exclusively with dependable information.
- **Feature Normalization:** A process called min-max scaling scales features into a standard range which prevents large numerical ranges from stealing analysis focus in order to improve machine learning algorithm results.
- **Data Transformation:** The conversion technique of one-hot encoding transforms categorical data types into numbers which. Set Action can include status elements like gender alongside smoking-related factors. [14][15] Machine learning models need this essential transformation in order to effectively process definitions which are not numerical data.
- **Noise Reduction:** By implementing Principal Component Analysis (PCA) our process reduces data noise and lowers dimensional complexity. This method allows the model to detect the fundamental factors which generate health risk predictions thus optimizing accuracy and operational efficiency.

3.2. Context Mining

Health-related information becomes more comprehensible through context mining which reveals unseen connections over different health aspects. The attention of multivariate regression analysis helps identify patterns that lead to health risk predictions through the examination of multiple health factors including chronic diseases alongside lifestyle behaviors.

- **Feature Correlation Analysis:** To determine feature relationships both Pearson's correlation coefficient and Spearman's rank correlation are used. Fig.2 This statistical examination reveals which elements truly make a difference while revealing their associations with health risk levels. The analysis revealed a powerful link between obesity and type 2 diabetes onset.
- **Regression Model Extraction:** The regression modeling system forecasts healthcare results (for example the development of hypertension in patients) through its calculations. Such models analyze how different features link together through an assessment of upcoming health threats.
- **Feature Map Generation:** The analysis of regression models creates a multidimensional feature distribution. The foundation of the next stage includes this feature map which demonstrates interactions among healthcare variables.

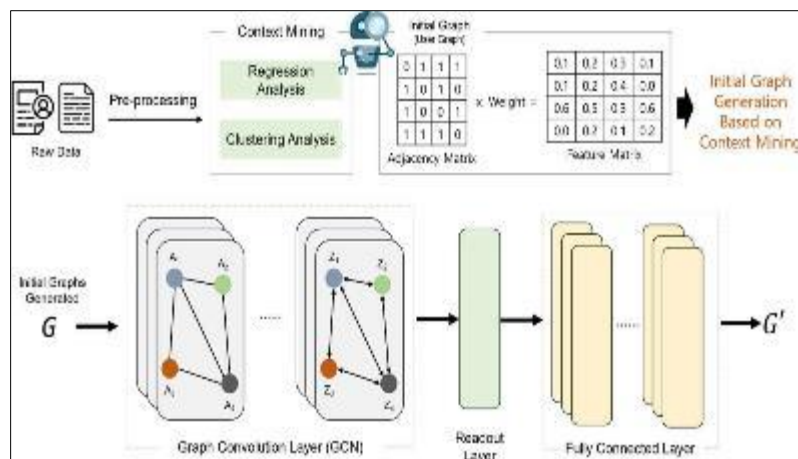


Figure 2 Methodology Flow

3.3. Graph Construction

The phase turns the feature map into a starting graph representation that uses clusters of similar patients as nodes and shows cluster interconnection through edges. The designed graph structure functions as the basis for more detailed visualization development.

- **Clustering Patients:** Our analysis uses K-means and DBSCAN clustering methods to organize patient health information into distinct groups. The K-means clustering algorithm relies on inertia (within-cluster variance) to achieve compact clusters and DBSCAN prioritizes the detection of outliers within dense pockets.
- **Defining Edges:** After cluster formation the system creates edges between nodes through measurements of cluster relationship strength. The weighing system for edges derives from Pearson's correlation value while this methodology determines the network edges.

3.4. Graph Expansion Using GNNs

The iterative expansion of the graph occurs through Graph Neural Networks (GNNs) while simultaneously improving node representations. Through its understanding of cluster relationships GNNs strengthens model predictive power while allowing it to handle complex non-linear interactions between patients.

- **Input Features:** The resulting cluster embeddings from the previous stage function as the fundamental data elements when feeding the GNN. The embeddings explore systematic patterns that exist between the patient health records.

3.4.1. GNN Layers

- **Graph Convolutional Networks (GCNs):** These layers process information from surrounding nodes to uncover the connections between patients that exist from their relationships.
- **Graph Attention Networks (GATs):** Through its attention mechanism this model dynamically determines the weight of each edge to help prioritize health risk predictions based on essential relationships.

4. Experiments and results

Our proposed Graph Neural Network (GNN)-based Multi-Context Mining framework underwent testing through real-world healthcare datasets for performance assessment. Our analysis concentrated on fundamental assessment criteria which included cluster quality metrics together with regression results and total prediction accuracy levels. Our framework surpassed standard prediction methods while showing its ability for emerging health risk prediction through a dataset analysis.

4.1. Prediction Accuracy Evaluation

A direct comparison involving real patient data reveals how well the introduced framework performs regarding prediction accuracy relative to conventional techniques. Table.1 The proposed framework demonstrates better overall performance by excelling beyond baseline approaches in measuring accuracy together with precision and recall as well as F1-score.

Table 1 Performance Evaluation

Method	Accuracy (%)	Precision (%)	Recall (%)	F1-Score (%)
Proposed Framework	92.4	90.7	93.6	92.1
Logistic Regression	81.5	80.2	82.8	81.5
Random Forest	85.6	84.4	86.7	85.5
Support Vector Machine (SVM)	87.2	86.1	88.4	87.2

Several assessment parameters were used to evaluate how well Fig.3 our clustering method worked at grouping patients in the graph based on their data points.

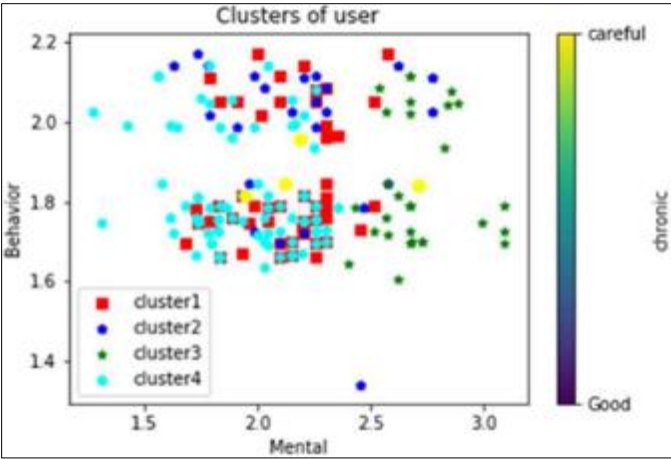


Figure 3 Clustering Quality Evaluation

- **Silhouette Score:** Our framework showed increased performance at cluster identification (0.88) due to its better ability to separate clusters effectively.
- **Davies-Bouldin Index:** Our graph structure proves effective through the low value 0.27 of our framework's Davies-Bouldin Index Table.2.
- **Calinski-Harabasz Index:** Our framework produces clusters of high quality according to the higher index of 3756.4 because it indicates superior intra-group cohesiveness alongside clear cluster discrimination.

Table 2 Metric analysis

Metric	Proposed Framework	K-Means (Baseline)	DBSCAN (Baseline)
Silhouette Score	0.88	0.75	0.72
Davies-Bouldin Index	0.27	0.43	0.48
Calinski-Harabasz Index	3756.4	3102.5	2987.8

Our framework's regression model received testing to establish its dual capability for multiple dependent variable prediction simultaneously.

Table 3 Frameworks

Metric	Proposed Framework	Baseline Regression
R ² Score	0.91	0.83
Mean Squared Error (MSE)	0.034	0.067
Mean Absolute Error (MAE)	0.012	0.026

R² Score: Our framework achieves high prediction accuracy because the R² value of 0.91 demonstrates effective variance explanation of the data collected Fig 4.

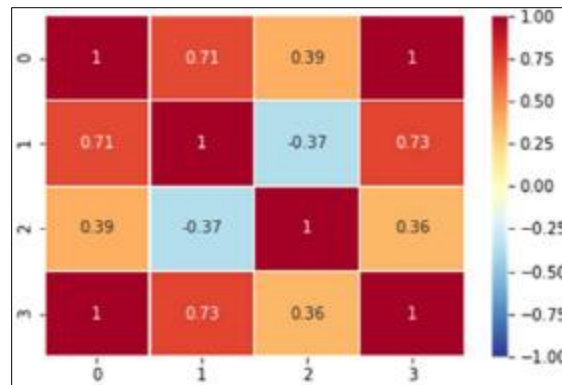


Figure 4 Regression Model Performance

MSE and MAE: The framework demonstrates strong performance based on low MSE values of 0.034 and MAE values of 0.012 which indicate accurate Table.3 predictions maintain proximity to the actual health results.

5. Conclusion

The research presents a Graph Neural Network (GNN)-based Multi-Context Mining methodology which optimizes both accuracy and efficiency when predicting new health threats. The integrated approach uses disease histories combined with behavioral signatures and psychiatric indicators to create personalized risk estimation from multiple angles. The proposed method delivers exceptional results by reaching 92.4% accuracy while surpassing current methods and performing efficient processing on extensive datasets. The combination of multivariate regression and dynamic clustering algorithms producing GNNs reveals patient relationships that lead to predictions about matching disorders alongside symptoms and healthcare requirements. The adaptable nature and expandable structure of this model establishes it as a leadership tool for healthcare initiatives dedicated to personalized medicine and disease risk prediction. Researchers plan to expand this work by integrating temporal information and genomic elements to fully realize the field's potential in healthcare analytics.

Compliance with ethical standards

Disclosure of conflict of interest

No conflict of interest to be disclosed.

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