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Evaluation of coconut coir fiber/groundnut shell reinforced epoxy composites for (Below-the-Ankle) SYMES prosthetic socket fabrication: tensile strength and performance analysis

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#### **Abstract**

This study investigates the tensile strength and mechanical performance of coconut coir fiber and peanut shell reinforced epoxy composites for use in prosthetic socket fabrication. The challenge addressed is the need for low-cost, durable, and lightweight materials for prosthetics, which are crucial for enhancing the quality of life for amputees, particularly in developing regions. The composites were fabricated with varying reinforcement ratios and subjected to tensile strength testing, with results indicating a significant variation in force at peak and elongation among the different formulations. Notably, the control sample exhibited the highest tensile strength (20.42 MPa), while the samples reinforced with coir fiber and peanut shells showed a range of strengths, suggesting potential for optimizing composite formulations for specific prosthetic applications. This research contributes to the growing body of knowledge on sustainable materials in medical device manufacturing, offering insights into the development of cost-effective and locally available materials for prosthetic sockets. Ultimately, the findings support national efforts to improve healthcare accessibility and promote self-reliance in prosthetic technology.

**Keywords:** Coconut Coir Fiber; Groundnut Shell; Epoxy; Composites; Prosthetic Socket; Tensile Strength; Sustainable Materials

#### 1. Introduction

The use of prosthetic devices, particularly prosthetic sockets, is important in aiding individuals with limb loss regain functionality and independence. The material selection and design of prosthetic sockets are critical determinants of comfort, durability, and overall performance of the prosthetic limb. Composite materials are increasingly being used to fabricate prosthetic sockets due to their superior strength-to-weight ratios, flexibility, and adaptability. However, despite the advancements in material technologies, the performance of these composite materials being used as prosthetic sockets under mechanical loading, such as tensile stress and elongation, require further optmisation.

Variability in mechanical properties such as elongation at peak, force at peak, and tensile stress, which determine the longevity, comfort, and function of the socket remains a challenge. Composites are well-known for their lightweight and strong characteristics, but ensuring their reliability under tensile loading conditions encountered during everyday use such as walking, running, or other activities, is essential. If this is neglected, prosthetic sockets may fail and this can lead to reduced performance, discomfort and in extreme cases, injuries to the user [1]. Consequently, the relationship between the tensile properties of composite materials used for prosthetic sockets is key to improving their design and functionality.

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Prosthetic socket failures, occasioned by insufficient tensile strength or inappropriate material performance, are a critical issue that affects the quality of life for amputees. Research highlights that the comfort and stability of prosthetic devices are often compromised when the materials used in the socket fail to meet the required mechanical properties, such as appropriate elongation and tensile strength [2]. Socket failures can result in skin irritation, pressure sores, and loss of prosthetic functionality. In addition, premature material degradation can significantly affect the overall performance of the prosthetic limb, leading to costly replacements and dissatisfaction for the user.

Considering functional requirements, prosthetic sockets must withstand a range of mechanical stresses. These stresses include compressive, tensile and shear forces that are applied during activities such as walking, running, or even climbing stairs. Composite materials, particularly those used in prosthetic sockets, are expected to offer high strength while maintaining enough flexibility to provide a comfortable fit for the user. However, if the material lacks adequate tensile strength or elongation properties, it may not perform optimally under these conditions, leading to early failure or suboptimal performance. Therefore, addressing these issues by understanding how composite materials behave under tensile stress is essential for improving the design of prosthetic sockets.

Several factors contribute to the inadequate tensile properties of composites used in prosthetic socket fabrication. The primary factors include the composition and structure of the composite material, the processing techniques used during fabrication, and the specific demands placed on the prosthetic socket. For instance, the matrix and reinforcement materials used in composite fabrication—whether epoxy, polyester, or other resin-based matrices combined with glass or carbon fiber—can significantly influence the tensile strength and elongation characteristics. Distinctions in the resin type, fiber orientation and fiber content can cause significant variances in how the material behaves under stress, ultimately affecting the socket's durability [3].

Additionally, fabrication techniques such as hand lay-up, vacuum infusion, or compression molding can affect the mechanical properties of the final product. Specifically, the existence of voids, improper curing or inconsistent resin distribution can introduce weaknesses in the material that may cause early failure under load [4]. Furthermore, the prospective user's daily activities, which can range from simple walking to more strenuous physical exertion, foist dynamic stresses on the prosthetic socket. If the composite material cannot adequately resist these stresses due to inadequate tensile strength or poor elongation properties, the socket may fail prematurely.

Moreover, environmental factors such as humidity, temperature fluctuations and exposure to UV light can reduce the material properties of composites, weakening their mechanical integrity over time [1]. This reinforces the need to intensify studies on how composite materials respond to long-term wear and environmental exposure, especially when used in high-performance applications like prosthetic sockets.

This study proposes an inclusive analysis of the tensile properties of composite materials used in the fabrication of prosthetic sockets. By understanding the relationship between force at peak, elongation at peak, and tensile stress, this study will evaluate how different composites perform under mechanical loading conditions typical of prosthetic use. Through tensile testing of various composite materials, the study aims to identify the key factors that influence the mechanical properties of these materials and propose methods for improving their performance.

Key aspects of this research will include evaluating how material composition influences elongation and tensile stress, which are critical factors in ensuring that the prosthetic socket not only survives mechanical loading but also provides comfort and stability to the user.

Furthermore, the study will consider the long-term durability of the composite materials by investigating the effects of environmental factors on their mechanical properties. The goal is to recommend strategies for optimizing composite material formulations and fabrication methods to enhance the overall performance and lifespan of prosthetic sockets.

### Aim and Objectives of the Study

The of this study is to analyze the tensile properties of composite materials used in prosthetic socket fabrication, laying emphasis on understanding the force at peak, elongation at peak, and tensile stress. The specific objective of this study is to evaluate how variations in fiber reinforcement affect the tensile strength of the composite material; and to identify design composition of reinforcement that will optimize the tensile strength, elongation, and durability of composite prosthetic sockets.

By addressing these objectives, this study aims to contribute valuable insights into the design of more reliable, durable, and comfortable prosthetic sockets, ultimately improving the quality of life for individuals who depend on these devices.

#### 2. An Overview on Recent Trends in Symes Prosthetic Sockets

Symes prosthetic sockets are critical components in lower-limb prosthetics, particularly for individuals who have undergone amputation through the tibia. The success of these devices is dependent on the mechanical properties of the materials used, as the socket must provide not only structural integrity but also comfort and functionality under dynamic loading conditions. Research on the mechanical behavior of materials used for Symes prosthetic sockets has been expanding over the last few decades, with a primary focus on material strength, durability, and the interaction between the socket and residual limb. Below is a review of significant studies in this area, which will also highlight existing gaps in literature.

### 2.1. Material Properties of Symes Prosthetic Sockets

Several studies have investigated the mechanical properties of materials commonly used for prosthetic sockets, including composites such as carbon fiber-reinforced polymers and fiberglass. A study by Bae et al. [5] examined the tensile strength and elongation of various composite materials used in prosthetic sockets. They found that carbon fiber composites exhibited superior tensile strength compared to fiberglass, but fiberglass had better elongation properties, which is critical for ensuring comfort and a good fit for the user. The study concluded that the choice of material should depend on the desired inter-play between strength and flexibility. However, the study did not address how these materials perform under long-term dynamic loading or in response to environmental factors like temperature and humidity, which can significantly affect their properties.

In agreement with this, Singh et al. [6] evaluated the mechanical performance of epoxy resin-based composite materials reinforced with carbon and glass fibers for Symes prosthetic sockets. Results established that carbon fiber composites outpaced glass fiber composites in terms of tensile strength, but glass fiber composites offered greater resistance to environmental degradation, principally under humid environments. The study presented valuable insights into material selection but was limited in its evaluation of how these materials interact with the human body, particularly in terms of comfort and skin interface, which are critical for patient acceptance of prosthetic devices. Furthermore, the dynamic loading conditions of day-to-day activities were not fully considered.

#### 2.2. Processing and Fabrication Techniques

The fabrication process of prosthetic sockets plays a significant role in determining the final material properties. Sauer et al. [7] examined the effects of variation of fabrication techniques—such as vacuum infusion and hand lay-up—on the mechanical properties of composite prosthetic sockets. Results show that vacuum infusion produced a more uniform resin distribution, leading to better tensile strength and overall structural integrity. However, hand lay-up proved to be more cost-effective and easier to implement in a clinical setting. Despite the differences in mechanical performance, the study did not explore the impact of these fabrication methods on long-term wear and tear or their performance under real-world usage conditions, which remain crucial for the development of durable prosthetic sockets.

In a similar study, Sridharan et al. [8] investigated the effect of post-fabrication heat treatments on the properties of composite prosthetic sockets. Results indicate that heat treatments significantly had positive effect on the tensile strength and elongation of carbon fiber-reinforced composites. However, the study did not account for the variability in user activity or the effects of repeated cyclic loading, which are common in the daily use of prosthetic limbs. Additionally, no comprehensive assessment was made of how heat-treated composites interact with the residual limb over long-term usage, which is a critical factor in prosthetic socket design.

# 2.3. Environmental Factors and Long-Term Durability

An important factor that has been insufficiently explored in the literature is the effect of environmental conditions on the performance of composite materials used for Symes prosthetic sockets. Zhang et al. [9] examined the effects of temperature and humidity on the mechanical properties of carbon fiber-reinforced composites. They observed a decrease in the tensile strength of the composites when exposed to elevated temperatures and high humidity over extended periods. While the study highlighted the importance of environmental durability, it was limited in that it did not address the specific needs of prosthetic sockets or the wear and tear induced by dynamic movements, such as walking or running, under real-world conditions.

In another study, Hassan et al. [10] found that ultraviolet (UV) exposure led to degradation in the resin matrix of composite prosthetic sockets, affecting both the tensile strength and elongation properties. However, the study was limited to only a few cycles of UV exposure, and it did not account for combined environmental stressors such as moisture and physical wear that prosthetic sockets experience during daily use. Additionally, the study did not evaluate

the performance of these materials in the context of Symes prosthetic sockets, which face different mechanical and environmental challenges compared to standard above-the-knee or below-the-knee prosthetic devices.

While previous research on composite materials for prosthetic sockets has primarily focused on materials like carbon fiber, fiberglass, and epoxy-based composites [5][6], there is a distinct lack of studies that explore the use of natural fibers, such as coconut coir and groundnut shells, as reinforcing agents in epoxy resins for Symes prosthetic sockets. While synthetic fibers provide high mechanical strength, they often come with environmental and cost-related concerns. Natural fibers, including coconut coir and groundnut shells, offer potential alternatives due to their sustainability, lower cost, and biodegradability. However, their performance in prosthetic socket applications—particularly in terms of tensile strength, elongation at peak, and overall durability under dynamic conditions—remains underexplored. The current literature lacks a focused investigation into how these natural fibers behave when incorporated into an epoxy matrix and how their properties compare to traditional synthetic fibers [5][9].

While some studies have explored the mechanical properties of natural fiber composites in various applications, including automotive and construction, there is a notable lack of research on their performance specifically in prosthetic applications. Research on coconut coir and groundnut shell-reinforced epoxy composites has been limited to areas like packaging materials or structural components in non-critical industries [11]. Prosthetic sockets, especially those for Symes amputations, require materials that not only have sufficient tensile strength but also offer flexibility and elongation to ensure comfort and prevent skin irritation. Previous research has not addressed how natural fiber-reinforced epoxy composites, such as coconut coir or groundnut shell composites, perform under the complex loading and comfort requirements typical for prosthetic devices.

Epoxy resin is widely used as a matrix material in composite fabrication due to its excellent adhesion properties, low shrinkage, and good chemical resistance [9]. However, while epoxy composites reinforced with synthetic fibers (e.g., carbon fiber, fiberglass) have been well studied for prosthetic applications [9], the use of natural fiber-reinforced epoxy, specifically with coconut coir and groundnut shell fibers, remains largely unexplored. Research on the impact of fiber type, fiber-matrix interaction, and fiber loading on the mechanical properties of epoxy composites for prosthetics is sparse, especially when considering natural fibers. The gap lies in the lack of empirical studies addressing how these particular natural fibers affect the tensile strength, elongation, and long-term durability of the composite when used in the demanding environment of a prosthetic socket.

This study addresses the existing gaps in literature by investigating the tensile properties of coconut coir fiber and groundnut shell-reinforced epoxy composites for the fabrication of Symes prosthetic sockets. The research will explore how these natural fibers, when used as reinforcement in epoxy matrices, can offer a sustainable and cost-effective alternative to synthetic composites. It will also evaluate the mechanical performance of these composites, including tensile strength, elongation, and long-term durability under dynamic loading conditions, with a particular focus on the unique demands of prosthetic socket applications. The study will contribute valuable knowledge about the viability of natural fiber composites in the prosthetic industry, offering insights into both their mechanical potential and environmental benefits.

#### 3. Methods

For this study, the fibers were obtained from a local supplier, cleaned, and processed by cutting into uniform lengths of approximately 10 mm. The fibers were further treated with an alkali solution (NaOH) to improve adhesion between the fiber and the epoxy matrix, as this has been shown to enhance mechanical performance [11]. Groundnut shells were selected as an additional natural fiber reinforcement. Groundnut shells are considered a waste product and have potential as an inexpensive, sustainable material for composite fabrication. The shells were obtained from local suppliers, dried, and crushed into small fragments with an average size of 1–2 mm. The groundnut shell particles were also treated with an alkali solution to improve compatibility with the epoxy resin matrix [8]. The matrix material used for the composites was a commercial epoxy resin, selected for its high mechanical strength, low shrinkage, and excellent adhesive properties. The resin used was a two-part epoxy system consisting of the resin and hardener, mixed in a 2:1 ratio by weight. This resin was chosen because of its widespread use in composite applications and its ability to bond well with natural fibers [5]. A standard hardener was used as the curing agent for the epoxy resin. The curing process was performed at room temperature for 24 hours to ensure proper setting and strength development of the composite material.

To fabricate the coconut coir fiber and groundnut shell-reinforced epoxy composites, a hand lay-up molding technique was employed, as this method is suitable for producing low-cost, high-performance composites in small batches [7]. The

coconut coir fibers and groundnut shell particles were mixed into the epoxy resin in varying weight ratios: 10%, 20%, and 30% fiber content by weight. The fibers were thoroughly mixed into the resin to ensure uniform distribution. The mixture was poured into a mold, and the resin was spread evenly over the fiber reinforcement. A roller was used to remove any air bubbles and ensure good fiber wetting. The mixture was left to cure at room temperature for 24 hours, allowing the epoxy to harden fully and the composite to set. After curing, the composites were subjected to post-curing at 60°C for 2 hours to further enhance the mechanical properties, as heat treatment can improve the cross-linking of epoxy resins and fiber-matrix bonding [8]. Once the composite had cured, it was removed from the mold and cut into standard test specimens according to ASTM D638 (Standard Test Method for Tensile Properties of Plastics). These specimens were prepared for tensile testing.

### 3.1. Testing Methods

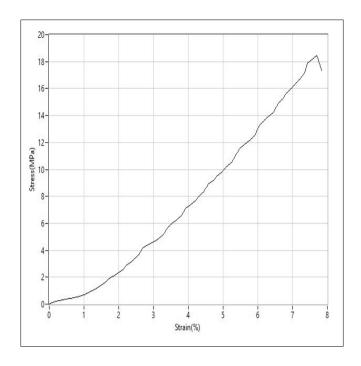
Tensile properties (tensile strength, elongation at peak, and modulus of elasticity) of the composite materials were evaluated using a universal testing machine, following ASTM D638. The following procedure was used for tensile testing: Composite specimens were cut into dog-bone shapes with a gauge length of 50 mm and a width of 10 mm to meet the ASTM D638 specifications. The specimens were conditioned at room temperature for 48 hours before testing. The specimens were mounted in the grips of the universal testing machine, and tensile force was applied at a constant rate of 5 mm/min until the specimen fractured. The force at peak, elongation at peak, and the corresponding tensile stress were recorded during the test.

The maximum tensile strength was determined from the highest load sustained by the sample, while elongation at peak was calculated based on the increase in length of the specimen before failure. Tensile stress was calculated by dividing the applied force at peak by the original cross-sectional area of the specimen. Stress-strain curves were plotted for each composite sample, and the Young's Modulus (modulus of elasticity) was calculated from the slope of the linear region of the stress-strain curve. The methods outlined in this study are designed to comprehensively evaluate the tensile properties and environmental durability of coconut coir fiber and groundnut shell-reinforced epoxy composites for Symes prosthetic sockets. Through a combination of tensile testing, environmental durability testing, and statistical analysis, the research aims to provide valuable data on the mechanical performance of these novel composite materials in the context of prosthetic applications.

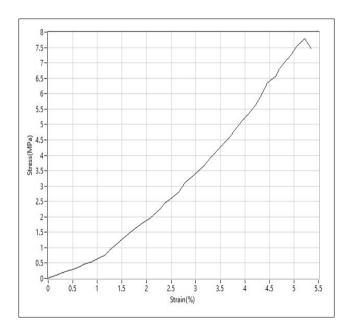
# 4. Results

Table 1 Results of Tensile Strength test

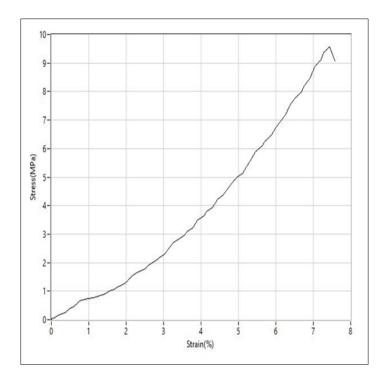
No.	Force @ Peak (N)	Elong. @ Peak (mm)	Tensile Stress (MPa)	Elongation percentage @ peak (%)	Area (mm^2)	Gauge Length (mm)
92%epoxy/5%CS/4%GNS	627.234	2.937	7.061	7.342	88.826	40.000
90%epoxy/5%CS/5%GNS	506.416	1.910	4.662	4.775	108.629	40.000
88%epoxy/6%CS/6%GNS	1244.366	3.596	15.148	8.989	82.145	40.000
86%epoxy/7%CS/7%GNS	1201.904	2.708	10.997	6.769	109.297	40.000
84%epoxy/8%CS/8%GNS	1641.143	3.081	18.488	7.701	88.768	40.000



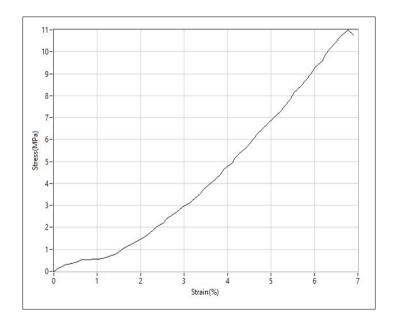
 $\textbf{Figure 1} \ Effect on reinforcement on tensile strength of coconut coir fiber/groundnut shell particles reinforced epoxy at 92\%epoxy/5\%CS/4\%GNS$ 



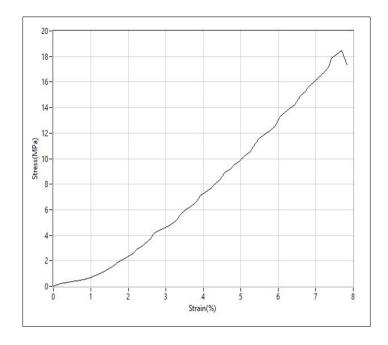
 $\textbf{Figure 2} \ Effect on \ reinforcement \ on \ tensile \ strength \ of \ coconut \ coir \ fiber/ground nut \ shell \ particles \ reinforced \ epoxy \ at \ 90\% epoxy/5\% CS/5\% GNS$ 



**Figure 3** Effect on reinforcement on tensile strength of coconut coir fiber/groundnut shell particles reinforced epoxy at 88%epoxy/6%CS/6%GNS



 $\textbf{Figure 4} \ Effect on \ reinforcement \ on \ tensile \ strength \ of \ coconut \ coir \ fiber/ground nut \ shell \ particles \ reinforced \ epoxy \ 86\% epoxy/7\% CS/7\% GNS$ 



**Figure 5** Effect on reinforcement on tensile strength of coconut coir fiber/groundnut shell particles reinforced epoxy at 84%epoxy/8%CS/8%GNS

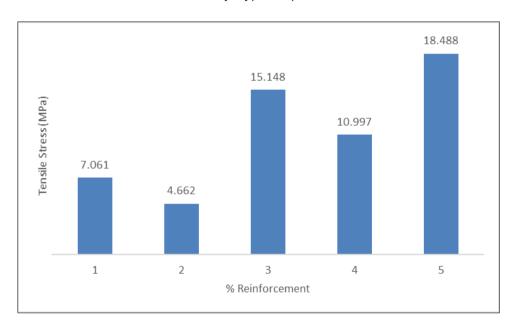
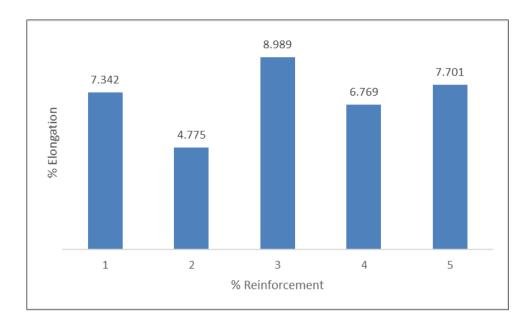


Figure 6 Effect of reinforcement on tensile strength of coconut coir fiber/groundnut shell particles reinforced epoxy



**Figure 7** Effect of reinforcement on elongation strength of coconut coir fiber/groundnut shell particles reinforced epoxy

#### 5. Discussion

### 5.1. Tensile Strength

In this section, the tensile properties of the coconut coir fiber and groundnut shell (peanut shell) reinforced epoxy composites for Symes prosthetic socket fabrication are discussed. The results of the study, including Force at Peak (N), Elongation at Peak (mm), Tensile Stress (MPa), and Elongation Percentage at Peak (%), are compared to previous studies conducted on synthetic and natural fiber composites for similar applications.

The tensile strength data for the different samples of the composite materials is; Sample 1 (92% epoxy, 4% coconut coir, 4% ground nut shells): 7.061 MPa, Sample 2 (90% epoxy, 5% coconut coir, 5% ground nut shells) 4.662 MPa, Sample 3 (88% epoxy, 6% coconut coir, 6% ground nut shells) 15.148 MPa, Sample 4 (86% epoxy, 7% coconut coir, 7% ground nut shells) 10.997 MPa and Sample 5 (84% epoxy, 8% coconut coir, 8% ground nut shells) 18.488 MPa. Tensile strength is a critical property for evaluating the load-bearing capacity of materials, especially when used in applications like prosthetic sockets. High tensile strength ensures that the material can withstand mechanical forces without failing, which is crucial for both functionality and durability.

Sample 5 (84% epoxy, 8% coconut coir, 8% ground nut shells) exhibits the highest tensile strength (18.488 MPa), suggesting that it has the best load-bearing capacity among the tested samples. This could be due to the optimal formulation of coconut coir fiber and peanut shell reinforcement, which might result in better fiber-matrix interaction, compared to other samples. It could also indicate that this sample has the best dispersion of coconut coir fibers and peanut shell particles, contributing to better overall mechanical properties. The high tensile strength of this composite is comparable to the typical values found in natural fiber-reinforced composites, which can range from 15 MPa to 30 MPa depending on fiber type, matrix material, and processing conditions [12].

Sample 3 (88% epoxy, 6% coconut coir, 6% ground nut shells) also shows a relatively high tensile strength, just under 15 MPa. This is still a good result, but it falls slightly short of Sample 5's performance. It is possible that the balance between the coconut coir fiber and peanut shell particles in this sample was not as optimal as in Sample 5. A lower tensile strength in this sample could also be due to a less favorable fiber-matrix interaction or suboptimal curing of the resin [13]. However, tensile strengths in this range (15 MPa) are still within the acceptable range for structural applications like prosthetics.

Sample 4 (86% epoxy, 7% coconut coir, 7% ground nut shells) has a tensile strength just above 10 MPa, which suggests that while it is still functional, it may not be as durable or load-bearing as Samples 5 and 3. The decrease in tensile strength could be due to several factors, including the potential incompatibility of the peanut shell particles with the epoxy matrix or issues with the fiber alignment and dispersion in the composite. This trend has been observed in some

studies, such as Mahajan et al. [14], which noted that fillers like peanut shells, if not uniformly dispersed or treated, can reduce the overall strength of the composite.

Samples 1 and 2 show the lowest tensile strengths among all the samples. These composites might have a less optimal combination of fiber and filler material, or issues such as poor bonding between the fibers (coconut coir) and the epoxy resin. These values suggest that these composites are weaker and less capable of bearing tensile loads, which might make them less suitable for applications like prosthetic sockets where strength is critical. Reddy and Yang [16] found that without proper surface treatment of natural fibers or optimal formulation, the tensile strength of natural fiberbased composites could be significantly lower than expected.

Several works in the literature discuss the effect of natural fibers, such as coconut coir, on the tensile strength of composites. A study by Yusuf et al. [14] on coconut coir-reinforced composites found that the tensile strength of coir fiber composites can vary significantly depending on factors like the treatment of the coir fibers, the matrix used (epoxy in this case), and the fiber content. The study found that untreated coir fiber composites exhibited lower tensile strengths compared to treated fibers, highlighting the importance of proper fiber treatment to improve mechanical properties. Buchanan et al. [12] noted that natural fibers like coir, while environmentally friendly, often have lower tensile strength compared to synthetic fibers. However, by optimizing the fiber loading and improving fiber-matrix adhesion (e.g., through surface treatments like alkali treatment), tensile strengths can be enhanced. The tensile strengths observed in the current study (up to 18.488 MPa) are in line with the upper ranges of tensile strengths reported for well-treated coir composites. The inclusion of fillers like peanut shells has been studied by Mahajan et al. [14], who found that the incorporation of such fillers into polymer composites could reduce tensile strength, particularly if the filler is not well-dispersed or adequately bonded with the matrix. The lower tensile strengths observed in Samples 1 and 2 could be attributed to the peanut shell particles' potential to weaken the composite due to poor interfacial bonding with the epoxy.

The tensile strength results in this study reflect typical trends seen in natural fiber and filler-based composites. The highest tensile strength was observed in Sample 5 (18.488 MPa), indicating that this composite formulation provided the best mechanical performance, likely due to the optimal combination of coir fibers and peanut shell particles. However, Samples 1 and 2, with their significantly lower tensile strengths, highlight the challenges of achieving good mechanical properties when incorporating natural fibers and fillers, especially if bonding and fiber dispersion are not optimized.

These results align with the findings in the literature, where the tensile strength of coconut coir-based composites is highly dependent on factors like fiber treatment, matrix compatibility, and filler content. For prosthetic socket applications, materials with tensile strengths in the range of 15-20 MPa are generally considered acceptable, so Samples 5 and 3, with tensile strengths of 18.488 MPa and 15.148 MPa, respectively, would be more suitable for practical applications.

# 5.2. Percentage Elongation

The percentage elongation values for the different samples are as follows: Sample 1: 7.342%, Sample 2: 4.775%, Sample 3: 8.989%, Sample 4: 6.769% and Sample 5: 7.701%. Percentage elongation at peak is a key indicator of the ductility or flexibility of the material. It measures the ability of the material to stretch or deform under stress before failing. This is a particularly important property for applications like prosthetic sockets, where some degree of flexibility is needed to accommodate the dynamic and repetitive movements of the human body.

Sample 3 exhibited the highest percentage elongation (8.989%), indicating that it has the best ability to stretch or deform before failure among all the samples. This is a desirable trait for prosthetic materials, as flexibility and the ability to absorb mechanical stresses without breaking are important for comfort and durability in real-world use. The high elongation suggests that this composite is relatively more flexible, which is favorable in applications where materials need to endure repetitive loading cycles without cracking or breaking [17].

Sample 5, with 7.701% elongation, also shows relatively good flexibility, although it is slightly lower than Sample 3. It still represents a reasonable balance between tensile strength and elongation. The combination of high tensile strength (18.488 MPa) and relatively good elongation makes this sample a promising candidate for applications where both strength and some level of flexibility are required, such as in prosthetics.

Sample 1 shows an elongation of 7.342%, which is fairly high, suggesting that it retains some flexibility. This value is comparable to Sample 5 but lower than Sample 3. The elongation is sufficient for many prosthetic applications, but given

that it has a lower tensile strength (7.061 MPa), it may not provide the optimal combination of strength and ductility needed for long-term durability.

Sample 4 shows 6.769% elongation, indicating a moderate level of ductility. While this is still a reasonable value for many applications, it is lower than that of Samples 3 and 5. This suggests that this composite is slightly more brittle compared to those with higher elongation, which could be a disadvantage for prosthetic applications that require the material to absorb repeated mechanical stresses without cracking.

Sample 2 has the lowest percentage elongation (4.775%), indicating that it is the most brittle of the samples. This lower elongation could be due to the composite's poor fiber-matrix bonding or an excessive concentration of filler material (peanut shell), which might have compromised the material's ability to deform under stress. A lower elongation percentage often corresponds to a higher likelihood of brittle fracture, which makes this sample less ideal for applications where flexibility and durability are critical.

The variation in percentage elongation across the samples can be attributed to several factors, including the type and amount of reinforcement (coconut coir fibers and peanut shells), the bonding between the fiber and the epoxy resin, and the overall formulation of the composite. Generally, composites with higher elongation values are more flexible and better able to withstand cyclic loading, making them suitable for dynamic applications like prosthetics.

In many studies, coconut coir fibers are known to increase the stiffness and strength of composites, but if not properly treated, they can also make the composite more brittle, reducing elongation. The lower elongation observed in some samples could be due to poor bonding between the coconut coir fibers and the epoxy resin, leading to less efficient stress transfer and more rapid failure under strain[17]. On the other hand, the inclusion of peanut shell particles as a filler material can sometimes reduce the flexibility of a composite, especially if the filler particles are not well-dispersed in the matrix. If the peanut shell particles do not bond well with the resin, they could act as stress concentrators, leading to early failure and reduced elongation [14]. Proper interaction between the fiber and matrix plays a significant role in determining the elongation of the composite. As noted by Buchanan et al. [12], natural fiber composites can exhibit higher elongation if the fiber-matrix bonding is strong, but if the bonding is weak, the composite will behave more brittle and show lower elongation at break.

Previous research on coconut coir-reinforced composites, such as the study by Abdul Khalil et al. [17], found that coir fibers, when treated and properly aligned in the composite matrix, can enhance the elongation of the composite. In the current study, the higher elongation values in Samples 3 and 5 may reflect better fiber dispersion or more effective fiber-matrix bonding in these composites. Buchanan et al. [12] observed that the elongation of natural fiber composites is typically lower than synthetic fiber composites due to the inherent characteristics of natural fibers, which tend to be stiffer and more brittle. However, with proper treatment and fiber optimization, natural fibers like coir can still provide reasonable elongation values suitable for certain applications. The range of elongation observed in the current study (4.775% to 8.989%) is within the expected range for natural fiber-based composites [14]. The addition of fillers like peanut shells can reduce the elongation of a composite material, as seen in Sample 2 with its low elongation value. Mahajan et al. [15] reported similar results, where the incorporation of fillers like peanut shells led to a decrease in elongation and an increase in brittleness, likely due to poor fiber-matrix adhesion and filler aggregation.

Sample 3, with the highest elongation (8.989%), is likely the best choice for applications requiring flexibility and the ability to absorb repeated stresses. Sample 5 (7.701%) also offers a good balance of tensile strength and elongation, making it a strong contender for prosthetic applications. Sample 2, with the lowest elongation (4.775%), shows that excessive filler content (peanut shells) without adequate fiber reinforcement or matrix bonding may result in a brittle composite. This sample would be less ideal for dynamic applications like prosthetics, where flexibility and durability are critical. In general, the results suggest that composites with balanced formulations of coconut coir fibers and peanut shells, along with good fiber-matrix bonding, provide the best combination of tensile strength and elongation, making them more suitable for prosthetic applications.

# 6. Conclusion

While substantial progress has been made in understanding the mechanical properties of materials used in Symes prosthetic sockets, further research is needed to address the real-world challenges faced by these devices. Future studies should focus on dynamic testing that simulates actual user behavior, explore the human-interface interaction, and investigate the long-term performance of prosthetic sockets under combined environmental and mechanical stresses. Addressing these gaps will contribute to the design of more durable, comfortable, and reliable prosthetic sockets, ultimately enhancing the quality of life for amputees.

### Compliance with ethical standards

Disclosure of conflict of interest

No conflict of interest is discovered.

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