

## Does Japan's energy consumption impact its environmental degradation? Evidence from ARDL technique

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World Journal of Advanced Research and Reviews, 2025, 26(02), 234-253

Publication history: Received on 25 March 2025; revised on 30 April 2025; accepted on 02 May 2025

Article DOI: <https://doi.org/10.30574/wjarr.2025.26.2.1544>

### Abstract

Using annual data from 1990 through 2021, this study looked into the roles of economic growth, energy use, globalization, and regulatory quality in Japan. In our analysis, we make use of the ARDL techniques. Using the ARDL, according to empirical data, GDP and fossil fuel have a positive and significant connection with CO<sub>2</sub>, meaning any increase in GDP and fossil fuel will lead to increase in environmental degradation in the long-run. On the other hand, renewable energy has a negative and significant relationship with CO<sub>2</sub> in the long-run, meaning that, any increase in the consumption of renewable energy will reduce environmental degradation in Japan. While globalization and regulatory quality have negative and insignificant association with CO<sub>2</sub> in the long-run. In the short-term, GDP, renewable energy, fossil fuel and globalization are all statistically significantly linked negatively to CO<sub>2</sub> emissions. Our study also uses FMOLS, DOLS and CRR analysis which also support the ARDL model. According to our findings with FMOLS, DOLS and CRR outputs, shows long run relationship between CO<sub>2</sub> and economic growth, renewable energy usage, use of fossil fuels, globalization, and trade openness in Japan. In addition, Pearson correlation was employed to test the connections between the variables. Our findings therefore give the Japanese government and the rest of the world additional information to help them think about renewable energy usage as the most reliable strategy to cut back on CO<sub>2</sub> emissions.

**Key words:** CO<sub>2</sub>; GDP; Renewable energy; Fossil fuel; Globalization; Regulatory quality; and ARDL.

### 1. Introduction

Environmental degradation can interrupt the planet's carbon cycle and has an impact on global warming, which is causing governments around the world are starting to worry more and more about it. The most important issue facing humanity today is climate change. Climate change carried on by emissions of greenhouse gases (GHGs) demonstrates unparalleled hazards to development and human existence, mostly CO<sub>2</sub> pollutions (Hochman, et al., 2018). Extreme weather, animal extinction, and a lack of food are some of these threats. The principal human endeavor that contributes to CO<sub>2</sub> pollution is utilizing fossil fuels for energy (such as coal and natural gas) and transportation. Nevertheless, some business practices and land-use changes continue to produce CO<sub>2</sub> emissions. Only a few of the probable negative effects of global warming and climate change include stunted plant growth, increasing sea levels, disturbance of water systems, and adverse weather conditions (like heat waves, floods, storms, and droughts) (Romanello et al., 2021). Since the exorbitant cost of preserving wildlife and decontaminating landfills, a country could experience environmental degradation that could have negative consequences for the economy. Therefore, environmental preservation is one of the contemporary global problems that has been included into many countries' political systems.

Since environmental degradation can disrupt the global carbon cycle and contribute to global warming, it is a serious problem that is becoming more and more apparent on a global scale and is being considered by governments worldwide.

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Climate change is one of the most significant problems that humanity is now experiencing. Unprecedented threats to human progress and life are offered by climate change brought on by greenhouse gas emissions (GHGs), particularly CO<sub>2</sub> pollution (Dong et al., 2020). These hazards include severe weather, animal extinction, and a shortage of food. The primary human activity responsible for CO<sub>2</sub> pollution is the burning of fossil fuels for energy and transportation, such as coal and natural gas. However, some industrial operations and changes in land use continue to release carbon dioxide into the atmosphere. A few potential negative effects of climate change and global warming on human health, the environment, and ecosystems include sea level rise, disturbances to water systems, reduced plant growth, and extreme weather events (storms, floods, heatwaves, and droughts) (Romanello et al. 2022). International measures, such as the Paris Agreement and the Kyoto Protocol, have been developed by intergovernmental groups as a result of growing environmental consciousness worldwide. The major objective of the historic Paris Accord is to continue working toward a 1.5 °C global temperature increases while keeping it below 2 °C. (Khan & Hou, 2021).

Why Japan? There was a sudden increase rise in interest in sustainability in past few years, and there is ample scientific proof that human activity has an impact on the environment. Global warming is making Japan's typically mild temperature warmer, which is anticipated to significantly affect energy demand and related CO<sub>2</sub> emissions (Zhongming, et al., 2018). Japan ranks fourth internationally the largest importer of liquefied natural gas as well as coal and petroleum products. Domestic energy sources are scarce in Japan, accounting for less than 10% of the country's annual primary energy consumption as of 2012. World Bank, 2020: With a GDP of \$US4.872 trillion in 2018, after China and the United States, Japan has the third-largest economy in the world, and is the seventh-biggest source of GHG emissions. After the Fukushima nuclear disaster in 2011, it put off its decarbonization efforts, which led it to abandon nuclear power and increase the use of fossil fuels. The Kyoto Protocol was ratified by the Japanese government in 2002, and began working to create a society with less carbon emissions. The Prime Minister of Japan as a result released a new vision in 2008 called "Approaches to a Low-Carbon Society," this also include making a long-run plan objective to reduce CO<sub>2</sub> emissions by 60 to 80 percent from the level in 1990 by 2050 (Sun & Yu, 2012). The earthquake that struck Great East Japan in 2011 and the Fukushima Daiichi nuclear power facility catastrophe exposed the weaknesses and stresses in Japan's energy supply infrastructure as well as the risks associated with nuclear power. The Fukushima nuclear tragedy prompted changes to the country's energy strategy, which would eventually reduce reliance on nuclear power, which produced around 30% of the nation's electricity in 2011 (Portugal-Pereira, & Esteban, 2014).

This paper aims to investigate, in a single model, the relationships between CO<sub>2</sub>, economic growth, energy consumption, globalization, and regulatory quality for the case of Japan, which has not been studied previously, particularly when regulatory quality is included as a control variable in the model. The ARDL econometric method will be used to achieve this goal. As far as we are aware, no research has used the ARDL approach before to collect information on the relationship—whether causal or dynamic—between the CO<sub>2</sub>, globalization, regulatory quality, energy consumption, and economic growth in Japan at different frequencies and during different time periods. We also used FMOLS, DOLS, and CCR estimators to better capture the long-term effects of energy consumption, economic growth, globalization, and regulatory quality in Japan. As a result, this study fills in this vacuum in the literature. This study looked into the possibility that:

- The independent variables and CO<sub>2</sub> have a long-term equilibrium relationship.
- The GDP, fossil fuels, and renewable energy have a substantial long-run effect on Japan's CO<sub>2</sub> and
- The FMOLS, DOLS, and CCR test findings corroborate the study's long-run estimates.

The rest of this study is organized as follows: The "literature review" section provides a quick overview of the most current studies conducted on the topic and the theoretical framework section. The section titled "Data Methodology" presents the data and methodology. The section under "Empirical findings" presents the conclusions from the empirical analysis. Lastly, the "concluding remarks" section presents the study's conclusion.

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## 2. Synopsis of the literature review

Environmental deterioration is currently the world's biggest problem. CO<sub>2</sub> emissions, which are brought on by increase in energy demand, are the principal cause of environmental degradation.

### 2.1. Economic growth (GDP) and CO<sub>2</sub>

Larger groups of developed economies have been observing differences in opinion over the past 20 years regarding the connection between CO<sub>2</sub> emissions and GDP. It is obvious that basic industrialization means more emissions. On the other hand, the relationship between wealth and CO<sub>2</sub> is not very strong beyond this fundamental one. Consequently, several relationships amongst these variables are presented. We shall look at the tendency toward emission trajectories

and economic growth in this study. The connection between economic growth and CO<sub>2</sub> emissions tests the Environmental Kuznet Curve (EKC) hypothesis, which depicts an inverted U-shaped non-linear curve between these two variables. Both in the beginning of development and once they have reached a certain stage of growth, these two variables have a positive relationship, according to the EKC, CO<sub>2</sub> emissions decrease as GDP increases since the nation can now purchase efficient technologies. This theory was put to the test, and it was found to be true by Akbostanci et al. (2009). Over the long-run, economic growth and CO<sub>2</sub> emissions are positively correlated.

Similarly, (Huang et al. 2008) provided evidence in favor of Kuznets' theory. After analyzing panel data on GDP and energy consumption from 82 countries between 1972 and 2002, the author came to the conclusion that there is no causal relationship between economic growth and energy consumption in low-income group nations. Pollution in low-income countries increases with income; additionally, pollution begins to decrease once a country reaches a specific income threshold. A research based on data gathered from 138 countries between 1971 and 2007 is presented by Wang (2013). The conclusion implies that carbon dioxide emissions can be explained by national incomes. The eventual gain in national GDP will translate into an increase in carbon dioxide emissions. In nearly 80% of the countries, the drive for economic expansion has led to a rise in carbon dioxide emissions.

Khan et al. in 2020 looked at the connection between Pakistan's energy use, economic growth, and CO<sub>2</sub> emissions. According to the findings, both in the short and long run, economic growth and energy use increase CO<sub>2</sub> emissions. Additionally, Khan et al.'s research from 2021 demonstrated that energy usage has a favorable effect on CO<sub>2</sub> emissions in 184 nations. However, the majority of research that explored this theory did so in favor of the EKC, including those by Ertugrul et al. (2016), and others. Rahman & Kashem (2017) also shown that there was a connection between economic growth, energy use, and CO<sub>2</sub> emissions. As opposed to this, research by Soytaş & Sari (2009), established a single direct relationship between CO<sub>2</sub> emissions, energy use, and economic growth.

## 2.2. Renewable energy and CO<sub>2</sub>

One of the main concerns in the contemporary energy economy literature is how renewable energy affects environmental quality. For example, In the instance of 19 industrialized and developing countries, Apergis and Payne (2010) analyze the link between renewable energy, CO<sub>2</sub> emissions, economic growth and nuclear energy for the period 1984–2007. Granger's causality test results imply that renewable energy does not, in the short term, help to lower CO<sub>2</sub> emissions. Moreover, for a group of 12 MENA nations covering the period 1975–2008, Farhani (2013) evaluates the relationship between economic growth, renewable energy usage and CO<sub>2</sub> emissions. The empirical findings demonstrate that, with the exception of one-way causation from renewable energy usage to CO<sub>2</sub> emissions, there is no short-term causal relationship between these variables. On the other hand, the long-term results also demonstrate unidirectional causality, extending from CO<sub>2</sub> emissions and economic growth to the use of renewable energy. Jin, (2022) investigate the viability of the EKC hypothesis for a group of 17 OECD nations for the years 1977–2010 by adding renewable energy as a new variable to the environmental equation. They discover that using more renewable energy can help cut carbon emissions, this finding also aligns with (Damak & Hasan 2023; Damak & Ewaede 2024; Ochanya & Damak 2025). Their results also refute the validity of the EKC theory. Moutinho and Robaina (2016) investigate the short- and long-term causal relationships between CO<sub>2</sub> emissions from power generation and real income for 20 European nations for the period 1991–2010; 2001–2010. The findings offer compelling proof of the EKC's validity and imply that renewable energy can both significantly lower CO<sub>2</sub> emissions and be a factor in the variations in the connections between emissions and income among European nations. Zoundi (2017) investigates the impact of renewable energy on environmental degradation for 25 African nations chosen between 1980 and 2012. According to their findings, renewable energy still works well in place of traditional fossil fuel energy despite having a negative short-term impact on CO<sub>2</sub> emissions. Using an ARDL cointegration approach, Belaïd and Youssef (2017) investigate the link between CO<sub>2</sub> emissions, renewable and non-renewable energy consumption, and economic growth in the context of the Algerian economy over the 1980–2012 period. Their findings demonstrate that economic expansion and the long-term effects of non-renewable energy usage on CO<sub>2</sub> emissions are negative. The findings also suggest that utilizing sustainable energy sources can improve the surrounding environment. Kahia et al. (2017) examines the causal connections between economic expansion and sustainable energy using data for MENA nations and demonstrate that renewable energy boosts economic growth while lowering CO<sub>2</sub> emissions. Recently, Damak & Hasan (2023) globalization and energy consumption in Japan; Chen et al. (2019) investigate China's 1980–2014 increase of the economy, the amount of energy produced, both renewable and non-renewable, and international commerce. According to their research, carbon emissions rise with increases in non-renewable energy and per capita GDP but fall with increases in renewable energy.

### 2.3. Fossil fuels and CO<sub>2</sub>

The changes in carbon dioxide emissions from burning fossil fuels (coal, gas, and oil) in 28 European countries from 1960 to 2018 are displayed in this literature study by Andrew, (2020). Although the need for coal and oil still dominates the energy sector, the importance of natural gas and renewable energy sources is growing. One-third of all energy use was made up of natural gas in 2018; between 1960 and 2018, this percentage rose from 1.94% to 28.05%. Germany was the world leader in CO<sub>2</sub> emissions in 2018 with 759 Mt, followed by the UK (379 Mt), Poland (344 Mt), Italy (338 Mt), and France (379 Mt). In 2018, Germany's CO<sub>2</sub> emissions exceeded six times the annual average of 123 million tons of CO<sub>2</sub>. Out of all the countries, only seven have carbon dioxide emissions that surpass the annual average, while 21 have emissions that are considerably lower than the average for 2018. As to the data, the CO<sub>2</sub> emissions of the Czech Republic and Latvia increased by a meagre 7% between 1960 and 2018, but the countries of Cyprus, Portugal, Greece, and Spain experienced the highest growth. In contrast, Italy saw the largest increase in CO<sub>2</sub> emissions (229 Mt CO<sub>2</sub>), followed by Spain (219 Mt CO<sub>2</sub>) and Poland (144 Mt CO<sub>2</sub>). Nevertheless, just four of the 28 nations under investigation—Germany, Luxembourg, Sweden, and the United Kingdom—had CO<sub>2</sub> emissions in 2018 that were comparable to or lower than those in 1960.

Additionally, carbon emissions and fossil fuels are discussed. For instance, according to Druckman and Jackson's 2009 study, CO<sub>2</sub> emissions fell in the first half of the 1990s when examining the carbon footprint of families in the United Kingdom between 1990 and 2004, due to fuel replacements in the electric sector. But since then, more products and services have come to include CO<sub>2</sub> emissions, which have been rising. Zhang, & Wang, (2017) comparison of energy usage to Danish family consumption between 1966 and 1992 showed that the effect of increased overall use was substantially compensated by lowering energy intensity within the industries producing goods, with the changing composition of consumption having a far lesser role. In contrast, Baiocchi, (2010) concentrated on a shorter period of time for the US, namely from 1997 to 2004, and found that structure had a greater influence than shifting sectoral energy intensities.

### 2.4. Globalization and CO<sub>2</sub>

The global output is steadily increasing as globalization and industrialization progress. Globalization is the term used to describe how national economies are integrated regarding commerce, financial flows, and further political and socioeconomic facets, with the global economy. Multiple ways exist for globalization to impact environmental quality. According to Shahbaz et al. (2017), there are various environmental issues that are related to globalization. Many environmentalists believe that increased globalization encourages consumer demand for products and services grows along with economic activity and output. This causes both environmental damage and the depletion of natural resources (Damak & Hasan 2024). Environmental benefits of globalization were discovered by Dogan and Turkekul (2016). In addition, globalization has been found by Sharif et al. (2020) to have detrimental environmental externalities. Additionally, in contrast to the political, social, economic and globalization index, urbanization has a negative impact on CO<sub>2</sub> emissions, according to Dauvergne's (2008) analysis. However, Dogan and Deger (2016) and others came to the opposite conclusion, that the transmission of environmentally favorable technologies, which is made feasible by globalization, can improve environmental quality, and stressing how globalization has a major negative influence on CO<sub>2</sub> emissions.

### 2.5. Regulatory quality and CO<sub>2</sub>

The greatest strategy to promote excellent environmental practices, according to many experts, is through state environmental regulations combined with effective monitoring and unambiguous penalties for non-compliance. (2013) Zapata et al. According to some research conducted in the past few years, institutional pressures have an effect on business environmental practices Berrone & Gomez-Mejia, (2009). Comparably, research by Khanna and Anton (2002) and Delmas & Toffel (2004) indicates that institutional quality, which includes "coercive pressure, normative influence or mimicry," can affect how quickly environmental actions spread throughout high-pollution firms in an economy, including the observance of sound ecological management plans. However, detractors contend that institutional measures like third-party inspection, public humiliation, and penalties can only produce isomorphic adherence to environmental compliance norms within an economy Delmas et al., (2019). They typically assert that proactive laws enhance innovation-based performance over time, whereas reactionary methods increase corporate environmental performance in the short term. They also argue that businesses looking to engage in sustainability through legislation are essentially simply facing challenges to their regular business operations. They discover, however, that products and processes are redesigned, controlling systems include fresh data sets, communication strategies are updated, and knowledge and values systems want fresh information. Thus, firms understand that organizational learning—rather than regulations—is a key tool for efficiently realizing environmental sustainability in their operations Siebenhüner & Arnold (2007). Discussions about corporate sustainability delivery in recent years have typically called for "total

organizational redesign and approaches," which ask for the capacity for adaptation and learning van Marrewijk & Hardjono (2003). Moreover, a lot of experts in sustainability delivery think that the implementation of mandatory environmental laws with strong monitoring and clear consequences for non-compliance typically shows useful instruments for guaranteeing that people and businesses implement sustainable environmental practices Chams & García-Blandón (2019). Tatoglu et al. (2020) assert that the capacity of politicians to control corporate behavior in an economy through the absence of laws and fines is important. Analogously, it has been observed that individuals and organizations are significantly motivated to participate in voluntary environmental activities when they are aware of environmental legislation and get incentives for taking action beyond compliance with environmental concerns (Tatoglu et al., 2020). For instance, institutional rules governing the automobile sector often guarantee a decrease in atmospheric pollutants and mandate that businesses modify and implement sustainable manufacturing practices or do away with negative emissions by creating eco-friendly products like electrical and hydrogen-powered vehicles. Critics counter that organizations either deliberately manipulate public institutions or rebel against institutional oversight and regulations Bui & Fowler, 2019; Ryngeblu et al. (2019). Oliver (1991) states that this kind of resistance typically takes the form of openly challenging enforced standards, suing institutions, launching legal challenges, or directly attacking institutional restrictions.

Regulations pertaining to fossil fuels are imposed on people and corporations in the context of environmental sustainability organizations with the goal of lowering greenhouse gas (GHG) emissions. However, other experts say that in regard of multinational enterprises, pushing every environmental agency and government to lower regulation requirements is not practicable in recent times Bunea & Chrisp (2023). Furthermore, consumers reject and denounce companies that offer subpar and environmentally harmful goods and services because they care about the environment Delmas & Toffle, (2004a).

It is clear using the reviewed literature that the conclusions are contradictory, highlighting the need for additional research on the connections between CO<sub>2</sub> emissions and regulatory quality, the globalization index, economic growth, and energy use. To the authors' knowledge, no previous research has looked at the effects of economic growth, energy consumption, the globalization index, and regulatory quality on CO<sub>2</sub> emissions in Japan using the ARDL model. Consequently, the present work fills a knowledge gap in the field. This research explores the connections between CO<sub>2</sub> and regulatory quality, the globalization index, economic growth, and energy use. This empirical study's dataset includes data from 1990 through 2021.

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### 3. Theoretical Framework

According to the debate over environmental protection and economic growth, the fundamental driver of income growth is the combination of factors that affect production which increases businesses' required inputs that create pollution (Lopez 2017). Based on the more comprehensive Environmental Kuznets Curve (EKC) paradigm (Kuznets 1955), economic growth and environmental quality are related in both positive and negative ways. The idea contends that while a positive outcome is anticipated in the short term, a negative outcome is anticipated in the long term (Grossman & Krueger, 1991). The scale effect has a positive association, whereas the technique effect has a negative one, according to Udeagha & Muchapondwa (2022). This suggests that, in the short term, as the agricultural sector expand, the environment will also get worse; however, as wealth increases, Production technique will shift away from being extremely industrialized, which produces more emissions, and toward being more service oriented, which produces fewer emissions. But doing so hurts the economies of less developed countries. As stated by the "pollution haven" theory, less developed nations with laxer environmental rules receive industrial operations that are hazardous to the environment from wealthy nations (Bardi & Hfaiedh 2021). The fundamental cause of this is that when earnings rise, people place greater importance on to improve their standard of living and increase pressure on the government to enact environmental protection laws. According to Usman et al. (2022), businesses with shoddy green technology often relocate to underdeveloped nations, which is bad for the environment. The pre-industrial uptrend stage, which is characterized by low income (caused by economic inefficiencies), the phase of industrial mass production, where the post-industrial green stage and rising income are prominent, which is characterized by rising income but more environmentally friendly technology, are the three stages of the EKC (Dinda, 2004). Openness to trade has grown in popularity has grown over time and demonstrated to be crucial to economic growth. Early in the 1980s, economic liberalization policies have been driven by the debt issue in the vast majority of developing nations. Trade has improved and GDP growth has increased as a result of Asian economies' initiatives for global opening up (Tissot et al., 2019). Growth, trade, and renewable energy work together to create an environment that has a snowball effect. Therefore, trade may promote the growth of renewable energy, which in turn can promote its use, which in turn can promote even more renewable energy production. The supply, demand, imports, and exports are only a few of the variables that have an effect on the energy markets frequently (Vanham et al. 2019). It is better for the environment if agricultural economic growth occurs concurrently with the growth of the renewable energy industry since it produces energy more cleanly.

On the basis of this structure, the research makes an effort to evaluate the nature of the interaction between the agricultural economy, the production of renewable energy as a consumption stimulant, the environment, and trade.

#### 4. Data Presentation

This research does an empirical analysis of the multivariate time series technique. To solve the time series issues, the series are transformed into the form of a natural logarithm. We use the Autoregressive Distributed Lag (ARDL) model, Fully Modified Ordinary Least Square (FMOLS), Dynamic Ordinary Least Square (DOLS), and Canonical Cointegrating Regression (CCR). A common application of ARDL models is in time series data. Because there are 80 or fewer findings in the Pesaran, Shin, and Smith (2001) established ARDL co-integration procedure compared to the "two-step" method procedure for co-integration by Engle and Granger (1987), it is claimed to be more stringent in small samples typical of the social sciences. This claim states that when using an error correction form for an ARDL model, co-integration testing becomes essential. Despite this, this co-integration indicator is not directly used in conventional statistical applications. The ARDL paradigm's error-correcting method, in addition to its inherent inconsistencies, various lags, and lagging requirements, may be unduly complex. As a result, it gets harder to analyze the effects of changing the independent variable or variables, especially over the long and short terms. In order to combat this, an added programmable feature gives users the ability to dynamical imitate a variety of ARDL techniques while simultaneously including the model for rectifying errors.

Here are how the models are shown:

$$CO_2 = f(GDP, REW, FOSSIL, GLOBA, RQ) \dots\dots\dots (1)$$

To remove data discrepancies and make it simpler to assess the outcomes, every variable is transformed to their log forms. Energy usage encompasses consumption of fossil fuels, which stands in for the usage of nonrenewable energy and renewable energy sources.

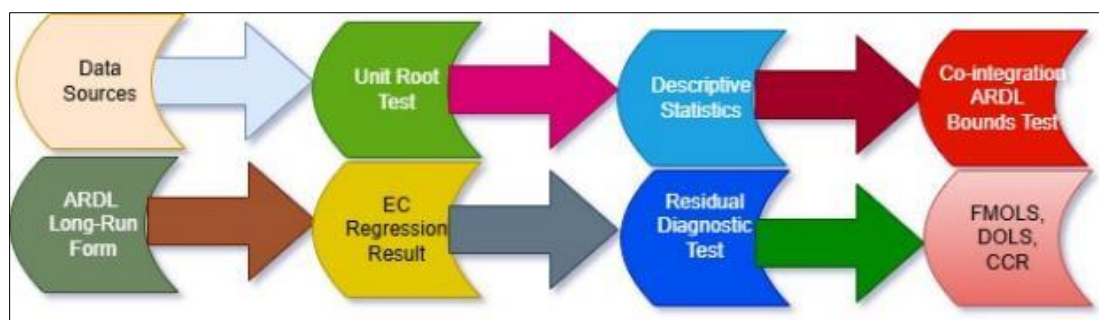
$$LNCO_2 = \alpha_0 + Y_1 LNGDP + Y_2 LNREWB + Y_3 LNFOSSIL + Y_4 LNAGLOBA + Y_5 LNRQ + \mu_t \quad (2)$$

The term "natural log" (LN),  $\alpha_0$  indicates intercept,  $Y_1 - Y_5$  shows the slope of the parameters  $\mu_t$  = stochastic variable or disturbance variable and the apriori assumptions are supposed to be  $Y_1 > 0 - Y_5 > 0$ . Equation (1) uses LNGDP to represent economic growth and LNCO<sub>2</sub> to represent carbon dioxide emissions. LNREWB for consumption of renewable energy, LNFOSSIL for consumption of nonrenewable energy, LNGLOBA for economic, social, and political dimensions are taken into consideration to produce the globalization index. Each of the three components of globalization are political, social, and economic—makes up 26%, 38%, and 36% of the whole. This evaluation is based on Dreher (2006), and LNRQ for regulatory quality in Japan. Table 1 provides detailed information on the variables under investigation. All of the variables are sourced from the World Bank Indicator (<https://data.worldbank/>) and Swiss Economic Institute (SEI) <https://indicators/kof-globalisationindex.html>

**Table 1** Variables sources

Variables	Details of the Variables	Measuring Instruments	Sources of Data
LNCO <sub>2</sub>	Carbon dioxide	Percentage (%)	World Dev. Ind.
LNGDP	Economic growth	Constant 2015 US\$	World Dev. Ind.
LNFOSSIL	Fossil fuel	Percentage (%) of total	World Dev. Ind.
LNREWB	Renewable energy	Percentage (%) of energy consumption	World Dev. Ind.
LNGLOBA	Globalization	Percentage (%)	KOF SEI
LNRQ	Regulatory quality	Estimate	World Dev. Ind.

All of the variables in World Development Indicators, are in logarithmic form and KOF Index of Globalization.



**Figure 1** The analysis's workflow chart

#### 4.1. Unit Root Test

Spurious regression will occur if the problem of non-stationarity in time series is not addressed Nelson and Plosser (1982). Variables with a unit root generated erroneous interpretations. It is necessary to perform a seasonal unit root test to make sure that there are no integrated series of order 2 or higher in order to address the explosiveness problem. In other words, if the outcomes show that the initial difference doesn't have a unit root and the series is stationary at levels  $I(0)$  and  $I(1)$ . Because of the level of stationarity discovered in a combination of order levels  $I(0)$  and  $I(1)$ , the ARDL approach is suitable for the inquiry (Jordan & Philips 2018). To test the unit root, the augmented Dickey-Fuller (ADF) frameworks were utilized. Although structural fractures are not taken into account by conventional stationarity testing, the data did not show any. A series reaches stationarity when the mean, variance, and covariance are all constants. The ADF and Philips – Perron (PP) findings demonstrating that each variable is integrated at  $I(0)$  and  $I(1)$  is one of the motivations for using ARDL method.

$$\Delta Y_t = \beta_0 + \pi \Delta Y_{t-1} + \sum_{j=1}^p \theta_j \Delta Y_{t-j} + \varepsilon_t \quad \text{.....(3)}$$

$$\Delta Y_t = (\rho - 1) Y_{t-1} + \varepsilon_t \quad \text{..... (4)}$$

Equation 3 represents the ADF test equation for the unit root, and Equation 4 represents the PP, which are used to confirm the stationarity of the data series. The first difference operator is represented by the symbol  $\Delta$ , and  $Y_t$  shows a significant amount of time-related autocorrelation. The independent variables are denoted by  $Y_{t-1}$ . The error term is denoted by  $\varepsilon_t$  in Equations 3 and 4.

**Table 2** ADF

Variable at Level	Constant	Prob.	Constant & trend	Prob.	Remark
LN CO <sub>2</sub>	-2.567	0.111	-2.359	0.392	-
LNGDP	-1.573	0.484	-3.163	0.110	-
LNREWB	0.243	0.971	-2.009	0.574	-
LNFOSSIL	-0.450	0.887	-2.620	0.275	-
LNAGLOBA	-2.390	0.153	-1.816	0.673	-
LNRRQ	-1.5767	0.4818	-3.1081	0.1226	-
	First Difference				
D(LN CO <sub>2</sub> )	-4.709	0.001***	-3.728	0.039**	I (1)
D(LNGDP)	-5.755	0.000***	-5.666	0.000***	I (1)
D(LNREWB)	-6.434	0.000***	-7.627	0.000***	I (1)
D(LNFOSSIL)	-4.435	0.001***	-4.546	0.006***	I (1)
D(LNAGLOBA)	-5.3303	0.000***	-5.9153	0.000***	I (1)
D(LNRRQ)	-4.497	0.002***	-4.0001	0.019**	I (1)

Source: Author's Compilation, E-views 12

**Table 3 PP**

Variable at Level	Constant	Prob.	Constant & trend	Prob.	Remark
LN CO <sub>2</sub>	-2.3614	0.1604	-2.0141	0.5711	-
LNGDP	-1.7331	0.4054	-2.7620	0.2209	-
LNREWB	0.7006	0.9902	-1.5025	0.8070	-
LNFOSSIL	-0.6561	0.8433	-2.0404	0.5572	-
LNGLOBA	-5.5309	0.0001	-1.4323	0.8308***	I (1)
LNRQ	-1.2522	0.6386	-2.3533	0.3950	-
	First Difference				
D(LN CO <sub>2</sub> )	-4.6710	0.0008	-6.5447	0.0000***	I (1)
D(LNGDP)	-8.1353	0.0000	-8.9904	0.0000***	I (1)
D(LNREWB)	-5.7649	0.0000	-7.4625	0.0000***	I (1)
D(LNFOSSIL)	-4.0087	0.0043	-4.8440	0.0027***	I (1)
D(LNGLOBA)	-5.3515	0.0001	-12.0740	0.0000***	I (1)
D(LNRQ)	-4.3045	0.0021	-4.3475	0.0089***	I (1)

Tables 2 and 3 show that the variables were examined using the logarithm form, p-values, and t-statistics. The asterisks (\*\*\*) and (\*\*) denote significance values of 1% and 5%.

According to Table 2, the series is stationary. Applying a significance criterion of 5%, the outcome of the ADF and PP tests show that a unit root does not exist. The null hypothesis is disproved at the 5% level of significance because all of the variables are stationary at the first differences, I (1) except LNGLOBA that is stationary at I (0) using PP.

Each variable was evaluated using p-values, t-statistics, and the logarithm form. The asterisks (\*\*\*) & (\*\*) table 2 and 3 indicates that the expectation that it has been rejected, hence at the 1% and 5% significance levels, the variables have unit roots. The unit root model, which was developed to describe the generic model form, began with the intercept parameter, where each model displays a trend, as seen in table 2 and 3. Additionally, it had been shown that one variable is stationary at level and all other variables were either first-order integrated or stationary at the initial difference.

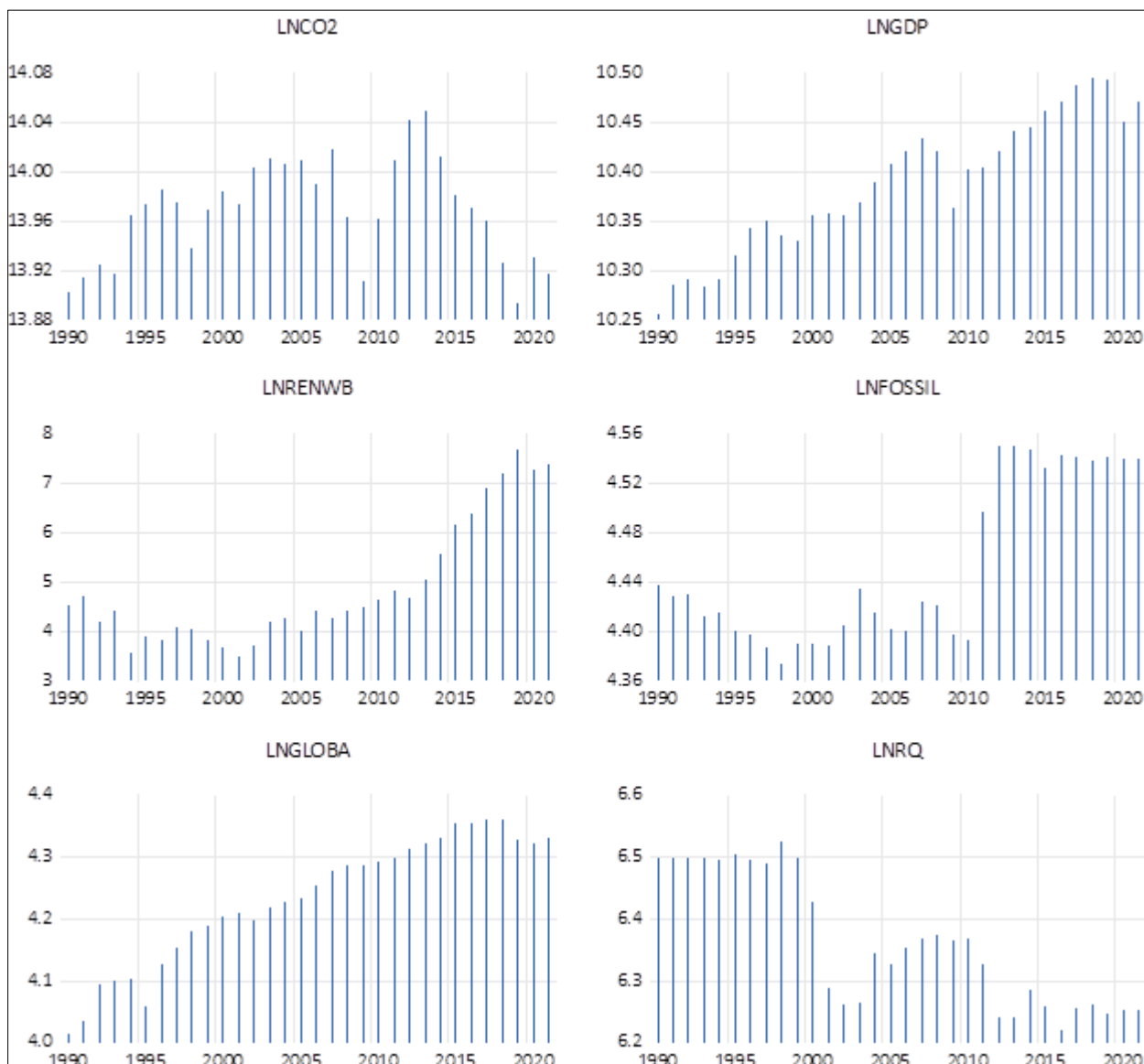
#### 4.2. Descriptive Statistics and Spikes of the Variables

**Table 4** Descriptive Statistics

	LN CO <sub>2</sub>	LNGDP	LNREWB	LNFOSSIL	LNGLOBA	LNRQ
Mean	13.96808	10.38724	1.556560	4.452159	4.232102	6.362516
Median	13.97173	10.39599	1.490159	4.423036	4.244342	6.350415
Maximum	14.04883	10.49453	2.039921	4.550009	4.360103	6.526504
Minimum	13.89392	10.25493	1.252763	4.374482	4.014806	6.219704
Std. Dev.	0.041210	0.068333	0.233424	0.065606	0.102458	0.106301
Skewness	-0.032561	-0.14310	0.848508	0.556976	-0.559245	0.276946
Kurtosis	2.136550	1.972259	2.494635	1.531733	2.193060	1.490351
Jarque-Bera	0.999716	1.517548	4.180341	4.528928	2.536229	3.447779
Probability	0.606617	0.468240	0.123666	0.103886	0.281362	0.178371
Observations	32	32	32	32	32	32



Table 4 above is the descriptive statistics which were utilized to gather more information about how the data are spread out and distributed that were employed in the analysis during the study period. The descriptive statistics mean, median, max, min, std, skewness, kurtosis, Jarque-Bera, and probability values are examined in the study that follows. Table 4 above displays the descriptive statistics for each variable, where the dependent variable's mean LN CO<sub>2</sub> 13.96 and the std. dev. is 0.04. The independent variables' mean values of LNGDP, LNREWB, LNFOSSIL, LNGLOBA, LNRQ were 10.39, 1.56, 4.45, 4.23 and 6.36 respectively, and the std, were 0.07, 0.23, 0.07, 0.1 and 0.11 respectively. LNREWB, LNFOSSIL and LNRQ are positively skewed, while LN CO<sub>2</sub>, LNGDP, and LNGLOBA are all negatively skewed. While the Jarque-Bera test for normality was more than 1% and the probability values are more than 5%, which indicate the Kurtosis value for each variable was under 3, indicating that each had a normal distribution.



**Figure 2** Owing to fluctuations in the independent variables, figure 2 above displays the series' spikes and a seasonal pattern in LNCO<sub>2</sub>. With a structural break in both 2010 and 2020, the LNGDP shows an increasing trend. Comparably, LNREWB exhibits an expected rising pattern, while LNFOSSIL has a seasonal tendency with a consistent increase from 2010 to 2020. LNGLOBA has a rising pattern. Although LNGOBA and LNRQ exhibit a declining tendency in this research, they are statistically insignificant over the long term when it comes to Japan in our analysis.

#### 4.3. Co-integration Using a Bounds Examination Approach

The cointegration test looks for an equilibrium state across the long-run connection involving the independent and dependent variables. There are only variables that are integrated in the same order, when applying tests such as those by Engle & Granger (1987), and Johansen (1988). Pesaran et al. (2001) did, however, offer a resolution for the variables'

cointegration with different orders using the ARDL- limited testing approach. Since no series is I(2), even in the case where the variables are organized differently, the cointegration test can still be carried out even if some of the variables are I(0) stationary and others are I(1) stationary.

### Short-run equation

$$\Delta \text{LNCO2}_t = \alpha_0 + \sum_{i=1}^{q_1} \gamma_1 \Delta \text{LNGDP}_{t-i} + \sum_{i=1}^{q_2} \gamma_2 \Delta \text{LNREWB}_{t-i} + \sum_{i=1}^{q_3} \gamma_3 \Delta \text{LNFOSSIL}_{t-i} + \sum_{i=1}^{q_4} \gamma_4 \Delta \text{LNGLOBA}_{t-i} + \sum_{i=1}^{q_5} \gamma_5 \Delta \text{LNRQ}_{t-i} \quad (5)$$

### Long-run Equation:

$$\text{LN CO2}_t = \alpha_0 + \psi_1 \text{LNCO2}_{t-1} + \psi_2 \text{LGDP}_{t-1} + \psi_3 \text{LNRENEWB}_{t-1} + \psi_4 \text{LNFOSSIL}_{t-1} + \psi_5 \text{LNGLOBA}_{t-1} + \psi_6 \text{LNRQ}_{t-1} + \mu_t \quad (6)$$

### LaggedResiduals:

$$Z_{t-1} = \text{LNCO2}_{t-1} - \psi_1 \text{LGDP}_{t-1} - \psi_2 \text{LNRENEWB}_{t-1} - \psi_3 \text{LNFOSSIL}_{t-1} - \psi_4 \text{LNGLOBA}_{t-1} - \psi_5 \text{LNRQ}_{t-1} \quad (7)$$

$$\begin{aligned} \Delta \text{LNCO2}_t = & \alpha_0 + \sum_{n=1}^p \Delta \text{LNCO2}_{t-n} + \sum_{n=1}^{q_1} \gamma_2 \Delta \text{LNGDP}_{t-n} + \sum_{n=1}^{q_2} \gamma_3 \Delta \text{LNRENEWB}_{t-n} + \sum_{n=1}^{q_3} \gamma_4 \Delta \text{LNFOSSIL}_{t-n} \\ & + \sum_{n=1}^{q_4} \gamma_5 \Delta \text{LNGLOBA}_{t-n} + \sum_{n=1}^{q_5} \gamma_6 \Delta \text{LNRQ}_{t-n} + \psi_1 \text{LNCO2}_{t-1} + \psi_2 \text{LNGDP}_{t-1} + \psi_3 \text{LNRENEWB}_{t-1} \\ & + \psi_4 \text{LNFOSSIL}_{t-1} + \psi_5 \text{LNGLOBA}_{t-1} + \psi_6 \text{LNRQ}_{t-1} \\ & + \mu_t \end{aligned} \quad (8)$$

The advantage of equation (8) over the model of Engle and Granger (1987) is that it allows us to estimate the short- and long-term effects. Equation (8) is comparable to the approach taken by Granger & Engle (1987). According to equation (8),  $\alpha_0$  denotes the intercept, the model's coefficients for each short-term variable are represented by  $\gamma_1 - \gamma_6$  parameters, and the corresponding long-term variable's coefficients are represented by  $\psi_1 - \psi_6$  parameters, while  $\mu_t$  is the error term. The long-run variable coefficients ( $\text{LNCO2}_{t-1}$ ,  $\text{LNGDP}_{t-1}$ ,  $\text{LNREWB}_{t-1}$ ,  $\text{LNFOSSIL}_{t-1}$ ,  $\text{LNGLOBA}_{t-1}$ , and  $\text{LNRQ}_{t-1}$ , ) must be constant so that the null hypothesis can be investigated, according to Pesaran et al. (2001). Additionally, equation 9 contains a group for an error correcting model of the equations.

### ECM:

$$\begin{aligned} \Delta \text{LNCO2}_t = & \alpha_0 + \sum_{n=1}^p \gamma_1 \Delta \text{LNCO2}_{t-n} + \sum_{n=1}^{q_1} \gamma_2 \Delta \text{LNGDP}_{t-n} + \sum_{n=1}^{q_2} \gamma_3 \Delta \text{LNRENEWB}_{t-n} + \sum_{n=1}^{q_3} \gamma_4 \Delta \text{LNFOSSIL}_{t-n} \\ & + \sum_{n=1}^{q_4} \gamma_5 \Delta \text{LNGLOBA}_{t-n} + \sum_{n=1}^{q_4} \gamma_6 \Delta \text{LNRQ}_{t-n} + \psi Z_{t-1} \\ & + \mu_t \end{aligned} \quad (9)$$

Equation (9) has  $\psi Z_{t-1}$  as the coefficient for the error correction model, or ECM. As it gauges the speed at which our model approaches equilibrium, a significant and negative result is anticipated.

**Table 5** The outcomes of the cointegration boundaries test.

Lags (AIC)	F-statistics	Outcome
1	17.84	Co-integration
	Lower limit at 1% = 3.41	Upper limit at 1% = 3.35
	Lower limit at 5% = 2.62	Upper limit at 5% = 3.79
	Lower limit at 10% = 3.41	Upper limit at 10% = 4.68

Source: E-views 12 and Authors' Compilation

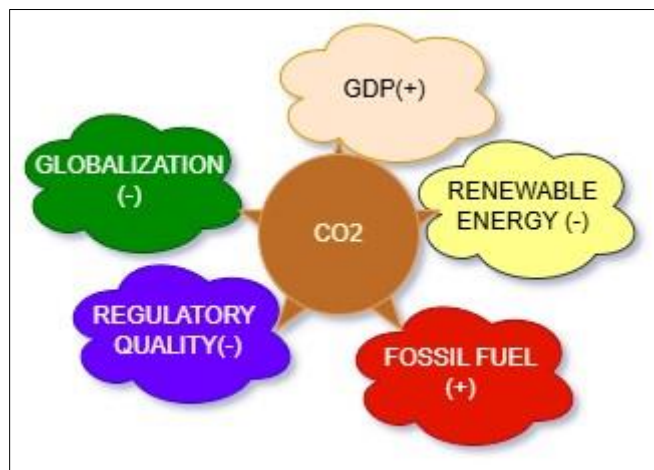
The aforementioned bound test results in the production of two sets of essential numbers: lower and upper limit values. If F value is less than the lower limit, it is impossible to rule out the null hypothesis that cointegration does not exist. If the value of the F statistic (17.84) produced by the bounds testing, as seen in table 5, exceeds the upper limit critical value, then a long-run cointegration connection occurs.

**Table 6** ARDL Long-run Form

	Coefficient	t-stat	Probability
LNGDP	0.581424	3.649011	0.0014
LNREWB	-0.059178	-13.54360	0.0000
LNFOSSIL	0.546315	7.292126	0.0000
LNGLOBA	-0.096988	-1.078703	0.2924
LNRQ	-0.076411	-1.613705	0.1208

Note: Statistically significant levels of rejection at 1% and 5% respectively, are indicated by the asterisks (\*\*\*) and (\*\*).

In table 6 above, the ARDL long-run coefficients are displayed. The outcome indicate that GDP and carbon dioxide (CO<sub>2</sub>) emissions interact positively and significantly. This shows that, 1% increase in GDP increases CO<sub>2</sub> by 0.58%, implying that as GDP increases, environmental degradation also increases in Japan. There is an expected strong and negative correlation between using renewable energy and CO<sub>2</sub>. According to the finding, using 1% more of renewable energy results in a 0.06% decrease in CO<sub>2</sub> emissions, which helps in improving environmental sustainability in Japan. Furthermore, we find that, statistically speaking, the usage of fossil fuels has an expectedly positive and strong connection with CO<sub>2</sub>. This implies 1% rise in fossil fuel consumption rises CO<sub>2</sub> emissions by 0.55% which reduces the environmental quality. While globalization and regulatory quality have both long-term negative and inconsequential connection with CO<sub>2</sub>.



**Figure 3** The long-term relationships between CO<sub>2</sub> and GDP (+), renewable energy usage (-), fossil fuel (+), regulatory quality (-) and globalization (-)

**Table 7** ECM Regression result

Variable	Coefficient	Std-Error	t-Statistics	Prob.
C	7.203107	0.628746	11.45631	0.0000
D(LNGDP)	0.847366	0.111730	7.584021	0.0000
D(LNRQ)	0.103955	0.057934	1.794362	0.0865
CointEq(-1)*	-0.978000	0.094044	-11.46271	0.0000

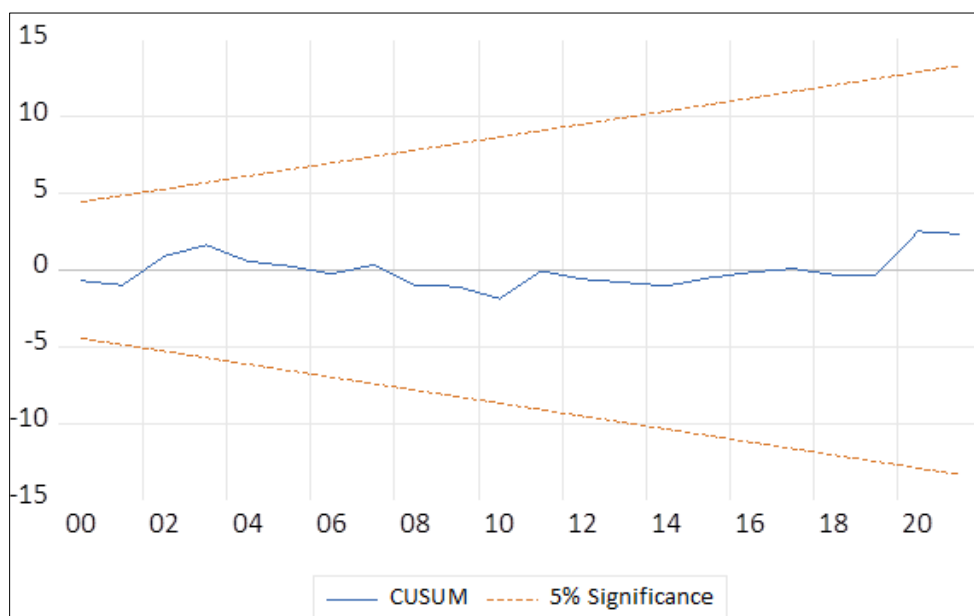
Table 7 above's short-run results demonstrate that, with the exception of regulatory quality, all the other variables were statistically significant. The significance level was set at 5%, the variables converge over the long term with a statistically significant equilibrium speed of -0.97, or at 97%. Due to the positive correlation between GDP and CO<sub>2</sub>, a 1% rise in GDP will lead to 0.85% increase in CO<sub>2</sub>, implying an increase in the environmental degradation.

#### 4.4. Diagnostic Test

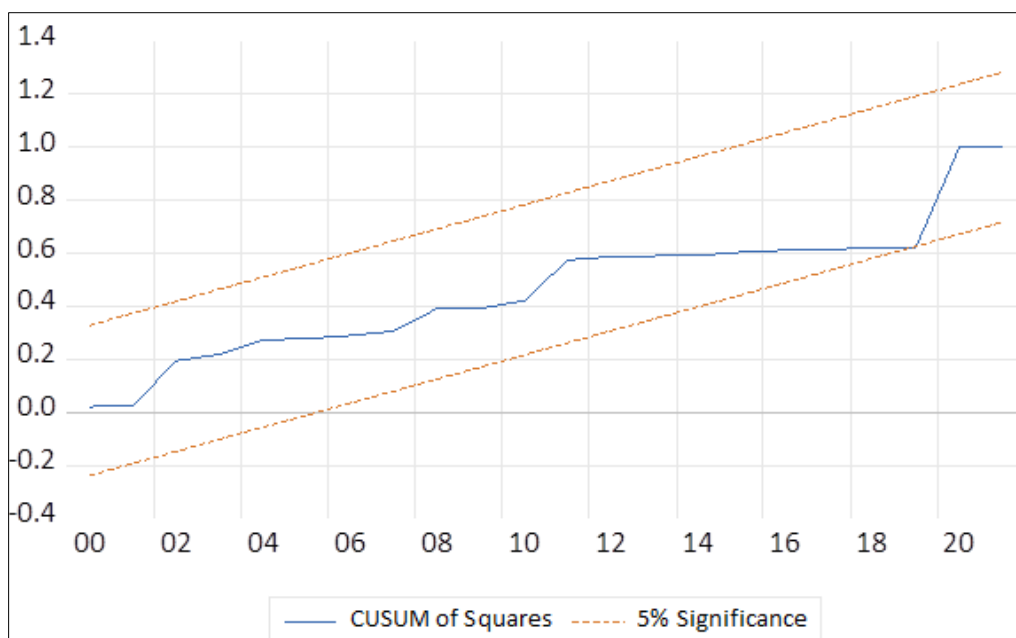
The stability of the model is often assessed using a variety of diagnostic tests. The three tests in Table 8 below were applied to our paper, and the expectations for linear regression were verified. According to the findings in Table 8, the model's residuals were devoid of serial correlation and heteroskedasticity, and are normally distributed. Figures 4 and 5 depict the model's stability structure using cumulative sums and cumulative sums of squares (CUSUMSQ and CUSUM, respectively). The middle lines show that, at a 5% level of significance, coefficients are constant.

**Table 8** Residual Diagnostic Test

Diagnostic Statistics	Prob. values	Outcome
LM test	0.9818	No serial correlation
Breusch–Pagan–Godfrey	0.1085	No heteroskedasticity
Jarque–Bera Test	0.9284	Normal



**Figure 4** Cusum



**Figure 5** Cusum of Squares

#### 4.5. Model Robustness

In the long-run model, GDP, usage of fossil fuels and renewable energy were statistically significant as indicated in table 9. GDP and use of fossil fuels had a positive co-efficient while use of renewable energy had a negative co-efficient. The fact that the results obtained using the FMOLS, DOLS and CCR models in Table 9 are similar and shows how robust the model is (Phillips & Hansen, 1990). Only regulatory quality is statistically insignificant in all three models, with GDP and fossil fuels statistically significant but having a positive coefficient while renewable energy statistically significant with a negative coefficient. Finally, the FMOLS, DOLS, and CCR models verified the ARDL long-run model as shown in table 9 below.

**Table 9** Alternative Outcome

FMOLS			DOLS			CCR		
Variable	Coeff.	Prob.	Variable	Coeff.	Prob.	Variable	Coeff.	Prob.
LNGDP	0.836	0.000	LNGDP	1.174	0.021	LNGDP	0.840	0.000
LNRENWB	-0.063	0.000	LNRENWB	-0.065	0.000	LNRENWB	-0.063	0.000
LNFOSSIL	0.568	0.000	LNFOSSIL	0.658	0.005	LNFOSSIL	0.572	0.000
LNGLOBA	-0.191	0.006	LNGLOBA	-0.467	0.153	LNGLOBA	-0.199	0.011
LNRQ	-0.029	0.455	LNRQ	-0.116	0.206	LNRQ	-0.030	0.454
C	4.053	0.001	C	1.870	0.614	C	4.038	0.005
R <sup>2</sup>	0.86		R <sup>2</sup>	0.96		R <sup>2</sup>	0.88	

**Table 10** The Optimal Lag Selection

Lag 1	LogL	LR	FPE	AIC	SC	HQ
0	263.8651	NA	1.38e-15	-17.19101	-16.91077	-17.10136
1	395.3480	201.6070*	2.50e-1*	-23.55653*	-21.59486*	-22.92898*
2	431.1206	40.54230	3.48e-18	-23.54137	-19.89826	-22.37591

The duration of the lag in ARDL is critical since it helps to offer an accurate estimate. The method is used in the research for this reason. The results of the optimal lag selection which is shown in table 10, aims to establish the best criteria for lag duration selection, show that, and lag 1 is the best latency to use as shown in table 10. The criteria with the lowest score, the Akaike information criterion (AIC), was then chosen.

**Table 11** Pearson Correlation matrix

Correlation t-statistics Probability	LNC02	LNGDP	LNRENEWB	LNFOSSIL	LNGLOBA	LNRQ
LNC02	1.0000					
	0.203559	1.0000				
LNGDP	1.138781					
	0.2638					
	-0.364742	0.751449	1.0000			
RENEWB	-2.145584	6.238116				
	0.0401	0.0000				
	0.042313	0.723434	0.840297	1.0000		
LNFOSSIL	0.231965	5.739346	8.489714			
	0.8181	0.0000	0.0000			
	0.252500	0.946411	0.650074	0.672835	1.0000	
LNGLOBA	1.429312	16.05037	4.685803	4.981491		
	0.1632	0.0000	0.0001	0.0000		
LNRQ	-0.307015	-0.842036	-0.613730	-0.722263	-0.852894	1.0000
	-1.766922	-8.549953	-4.257721	-5.719918	-8.947761	
	0.0874	0.0000	0.0002	0.0000	0.0000	

The computed Pearson correlation coefficients for every pair of variables are shown in the table. The p value shows the marginal probability, and the t-statistics show the significance of the correlation coefficient.

The measurement of a monotonic relationship between two variables is called correlation. When two variables have a monotonic connection, either (1) the other variable's value rises in proportion to the value of the first variable; or (2) The value of the other variable falls as the value of the first variable rises Lee & Nicewander (1988). Translating the correlation coefficient into descriptors such as "strong," "moderate," or "weak" association has been proposed in a number of ways. It is best to utilize these cutoff criteria sparingly because they are arbitrary and inconsistent. It is debatable whether values fall between 0.1 and 0.9, even though most scholars would likely agree that the former denotes a very strong relationship and the latter a negligible one. For instance, depending on the applicable rule of thumb, a correlation coefficient of 0.65 could be viewed as either "good" or "moderate." When there is a perfect correlation of -1 or +1, every data point falls perfectly on the straight line.

The Pearson correlation in table 11 indicates that, the relationship between CO<sub>2</sub> and GDP is a weak positive correlation, meaning that increase in GDP increases CO<sub>2</sub> because the coefficient is 0.20. Similarly, fossil fuels and globalization both have positive and weak relationship with CO<sub>2</sub>, with 0.04 and 0.25 coefficients respectively. However, renewable energy and regulatory quality both have negative and weak correlation with CO<sub>2</sub>, with coefficients of -0.36 and -0.31 respectively. Meaning increase in both renewable energy use and regulatory quality reduces CO<sub>2</sub> by implication improvement on environmental sustainability in Japan.

On the other hand, renewable energy use, fossil fuel and globalization all have positive and strong correlation with GDP, with coefficient values of 0.75, 0.72 and 0.94 respectively. This indicates that increase in renewable energy consumption, fossil fuel and globalization will lead to increase in GDP. While regulatory quality has a negative and very strong correlation with GDP, with coefficient of 0.94. Meaning increase in regulatory quality reduces GDP. Fossil fuel and globalization have strong and positive connection with renewable energy, with correlation coefficient of 0.84 and 0.65 respectively while regulatory quality has a negative and moderate correlation coefficient of -0.61 with renewable energy use. Furthermore, Globalization has a positive and moderate relationship with fossil fuel with coefficient of 0.67 while regulatory quality has a negative and strong relationship with fossil fuel with coefficient of -0.72. Finally, globalization and regulatory quality have negative and strong correlation between them with coefficient of -0.85, meaning increase in regulatory quality will certainly reduce globalization.

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## 5. Discussions of findings

With the motivation that all the variables are integrated of order I (0) and I (1), our research goal was to examine the correlations between CO<sub>2</sub> and Japan's economic growth, the usage of renewable energy, using fossil fuels, globalization index, and regulatory quality. For a short-term relationship, a model for error correction was created, and long-run cointegration was assessed using ARDL model from a yearly data of 1990 to 2021. The empirical findings from boundaries test in table 4 demonstrated that the F-Statistics of 17.84 is higher than the lower and upper limits critical values and robustness check must be performed to verify the ARDL limits test results.

The ARDL long-term coefficients are displayed. The data shows a positive and significant relationship, relating GDP to CO<sub>2</sub>. Meaning that, increase in GDP increases CO<sub>2</sub> and by implication increases long-run environmental degradation in Japan. This outcomes in consistent with a research based on data gathered from 138 countries between 1971 and 2007 which was presented by Wang (2013), also in consistent with the findings of (Damak & Ewaede 2024; Ochanya & Damak 2025). The conclusion implies that carbon dioxide emissions can be explained by national incomes. The eventual increase in national GDP will translate into an increase in carbon dioxide emissions. In nearly 80% of the countries, the drive for economic expansion has led to a rise in carbon dioxide emissions. Although there is an expected and significant link between the use of renewable energy and CO<sub>2</sub>. The relationship between renewable energy usage and CO<sub>2</sub> is negative, according to this, using more renewable energy leads to 0.06 percent decrease in CO<sub>2</sub>, which helps the environment in Japan. This demonstrates how a rise in Japan's usage of renewable energy helps to slow down environmental deterioration. A significant portion of Japan's primary energy consumption can be attributed to the connection between CO<sub>2</sub> and renewable energy utilization. According to a study by (Kirikkaleli & Adebayo 2021) carried in India, utilizing green energy has a negative impact on CO<sub>2</sub> while using clean energy increases the sustainability of the environment. The results are in line with that study similar to this, Adebayo, & Rjoub (2021) analyzed the connection between CO<sub>2</sub> and green energy use in Argentina using a dataset created with the NARDL approach that covers the years 1990–2018. According to their findings, while utilizing more green energy reduces CO<sub>2</sub> emissions, using less green energy results in a worsening of Argentina's environmental damage. The results of Bilgili et al. (2016) and Damak & Hasan (2023) demonstrated that using green energy helps lower CO<sub>2</sub> emissions by implying enhancing environmental quality. They used data from 1977 to 2010 and the DOLS and FMOLS methodologies in order to evaluate the connection between CO<sub>2</sub> emissions and the utilization of renewable energy. The finding also concurs with earlier research by Ben Jebli, & Ben Youssef (2017), renewable energy is slowing the pace of CO<sub>2</sub> in Tunisia.

Fossil fuel consumption, shows a strong and positive association between fossil fuel and CO<sub>2</sub>. It is assumed that higher fossil fuel usage will expedite environmental deterioration in Japan or increase CO<sub>2</sub> emissions both in the short and long-run. Our findings are in agreement with those of Ramzan et al. (2022), who examined how Pakistan ecological imprint changed between 1960 and 2019 because of the openness to trade. The outcomes show that economic growth, openness to trade, and fossil fuel use all hasten environmental damage. In the same way, Aslam et al. (2021) for Malaysia utilized data from 1971 to 2016 and the ARDL model, and they asserted that the usage of fossil fuels, trade openings, and economic expansion all exacerbate CO<sub>2</sub>.

## 6. Conclusion

Our analysis emphasizes the connection between economic growth, energy usage, globalization, and regulatory quality on CO<sub>2</sub> emissions utilizing yearly data for Japan from 1990 to 2021. Applying the ARDL technique is motivated by the fact that every variable is integrated of order zero I (0) and I (1), using the ADF and PP test. The ARDL limits F-test demonstrate a long-run association between CO<sub>2</sub>, GDP, renewable energy, fossil fuels, globalization, and regulatory quality at a significance level of 5%. The outcome of the estimation of the long-run coefficients proved that while the GDP and CO<sub>2</sub> have a favorable and significant association, meaning increase in GDP increases CO<sub>2</sub> in both short and long-run period in Japan. There is a strong negative correlation between CO<sub>2</sub> emissions and the utilization of renewable energy, suggesting that using green energy more frequently will improve environmental sustainability in Japan. Additionally, the predicted ECT coefficients are statistically significant negative values which is the quickness of adjustment to reach long-term balance. The research' results demonstrate that, with a positively and statistically significant sign for the coefficient of fossil fuel consumption, environmental deterioration in Japan is projected to worsen as fossil fuel consumption rises. Furthermore, regulatory quality has a negative and insignificant coefficient, whereas the globalization index has a negative and insignificant coefficient in the long-term. FMOLS, DOLS, and CCR are used to calculate the long-term elasticities for the relevant association between the variables, demonstrating the robustness of the results from the ARDL cointegration.

### 6.1. Suggested Policy

According to the study's empirical findings, sustainable development and cleaner growth are highly valued in Japan's long-term economic objectives. On the other hand, environmental degradation may make it more challenging to meet sustainable development objectives. Japan should thus begin raising public awareness, implement the necessary structural changes to enable income levels to increase without raising emissions, and endeavor to lessen its dependency on fossil fuels in order to reduce pollution. Overall, our study supports the findings of earlier research and suggests that renewable energy sources could be used as a policy instrument to lessen pollution and environmental harm.

We can offer some perceptive suggestions for a more sustainable and ecologically friendly environment based on the factual facts for Japan described above. A cleaner, greener environment and increased energy efficiency are two UN Sustainable Development Goals that Japan may be able to accomplish with the help of these policy implications. According to the study's findings, governments should enforce stringent laws, promote investments in renewable energy sources, and discourage the use of fossil fuels in order to lower environmental degradation. This is because people's quality of life is improved when they employ renewable energy sources. Converting extra energy from economic growth into renewable energy sources, which requires a technology shift, is an efficient way to reduce CO<sub>2</sub>.

### 6.2. Limitation

A limitation regarding this study is that it does not account for trade openness, urbanization, foreign direct investment, or other factors that contribute to environmental degradation. Instead, it is an empirical investigation that is subjective regarding the effects of energy use, economic growth, globalization, and regulatory quality on CO<sub>2</sub> emissions. In order to evaluate these relationships, future research should also make use of additional environmental degradation proxies, such as ecological footprint, load factor, and consumption-based carbon emissions. Finally, a significant limitation of this investigation is the inaccessibility of data after the designated time frame.

## Compliance with ethical standards

### *Disclosure of conflict of interest*

No conflict of interest to be disclosed.

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