

## Comprehensive evaluation of steerable introducer sheaths: Quality control, *In-vitro* performance, and safety assessment

Kothwala Dr. Deveshkumar Mahendralal, Patel Jayendra Lakshmanbhai and Rathod Akshit Dahyabhai \*

Meril Medical innovation Pvt. Ltd., Bilakhia House, Survey No. 135/139, Muktanand Marg, Chala, Vapi - 396 191, Gujarat, India.

International Journal of Science and Research Archive, 2025, 15(02), 526-537

Publication history: Received on 22 March 2025; revised on 30 April 2025; accepted on 03 May 2025

Article DOI: <https://doi.org/10.30574/ijrsra.2025.15.2.1283>

### Abstract

**Background:** Steerable Introducer Sheaths are pivotal in minimally invasive procedures, yet existing *In-vitro* testing methods often fail to replicate complex human vasculature adequately, leading to insufficient evaluation of device performance under clinically relevant conditions. Current methodologies lack standardized approaches to simultaneously assess critical parameters such as kink resistance, steerability, and hydrophilic coating durability in anatomy simulation models. This limitation risks incomplete safety and efficacy assessments prior to clinical use.

**Objective:** The below-stated research reports the requirement for performing an *In-vitro* simulation test procedure to determine the performance and safety of the device before it can be used in a clinical Studies. This study addresses this gap by developing a novel *In-vitro* simulation test method using silicone-based anatomy simulation models that mimic human vasculature's mechanical and geometric complexities. The proposed method aims to comprehensively evaluate device safety and performance, ensuring reliable pre-clinical validation.

**Methods:** The study utilized an *In-vitro* anatomy simulation model to assess the performance of the Steerable Introducer Sheath in navigating challenging pathways. A silicone-based anatomical model replicated human vasculature, enabling the evaluation of key parameters such as flexibility, kink resistance, pushability, and the effectiveness of the hydrophilic coating. Post-testing analysis confirmed the structural integrity and durability of the sheath after repeated use. Results demonstrated enhanced maneuverability, reduced procedural time, and improved patient safety, highlighting the sheath's efficiency in minimally invasive procedures that closely represented real anatomical structures, ensuring accurate and reliable performance assessments.

**Results:** The results exhibited improved maneuverability, strength of the structure, and frictional reduction, confirming the device to negotiate tortuous pathways with less resistance. Accurate fluoroscopic imaging was ensured by the radiopaque markers, and unobstructed introducer sheath passage by the PTFE inner lining.

**Conclusion:** The research confirms the Steerable Introducer Sheath to be a very reliable minimally invasive device that improves procedural efficacy and patient safety. The Steerable Introducer Sheath was highly maneuverable, resistant to kinking, and procedurally efficacious during *In-vitro* examinations. Its hydrophilic coating reduced friction, and radiopaque markers ensured precise placement. The device is useful for minimally invasive procedures by improving catheter control, reducing complications, and optimizing patient outcomes, and it merits further clinical confirmation for broader use.

**Keywords:** Steerable Introducer Sheath; Neurovascular procedures; Interventional radiology; Catheterization; Stenosed vasculature; Fenestrations; Frictionless steerability; Cardiac ablation and *In-vitro* Simulation

\* Corresponding author: Rathod Akshit

## 1. Introduction

*In-vitro* testing is essential for evaluating the performance, safety, and reliability of the Steerable Introducer Sheath before clinical application. These devices provide enhanced maneuverability and precision in complex vascular procedures, improving patient outcomes. However, existing test methods are often inadequate in replicating the dynamic in-vivo conditions that the device encounters during clinical use. Conventional assessments primarily focus on initial mechanical properties such as deployment accuracy and structural integrity but fail to capture the long-term effects of cyclic loading, flexural fatigue, and vessel curvature variations.

*In-vitro* simulations play a crucial role before clinical application in evaluating the performance of sheath devices. This article presents the development of *In-vitro* simulation models used for medical device testing to replicate human body conditions, aiding engineers and physicians in assessing how a device will function in real-life scenarios.

A new *In-vitro* testing method is crucial to bridge this gap and ensure a more accurate representation of real-world performance. Without robust fatigue testing and advanced simulations of physiological stresses, there is a risk of underestimating failure modes that could impact clinical safety. This study introduces an improved testing approach that evaluates fatigue resistance, structural durability, and performance under prolonged dynamic forces. By integrating these advanced methodologies, we aim to provide a more comprehensive assessment, ultimately enhancing the reliability and clinical applicability of the Steerable Introducer Sheath.

The steerable sheath is designed to facilitate the guidance of cardiovascular sheaths, particularly for procedures requiring access to the left heart through the interatrial septum. Also, this device offers enhanced control and maneuverability, making it applicable for procedures such as transseptal puncture, other interventional radiology, neurovascular procedures, urology, diagnostic procedures and other anatomical structures.

The Steerable Introducer Sheath, an advanced catheter technology, is vital for accessing difficult vascular pathways while ensuring minimal procedural risks and maximum treatment efficacy.

One of the primary challenges in minimally invasive procedures is advancing through delicate and tortuous vascular pathways without causing trauma to surrounding tissues. Traditional non-steerable sheaths offer limited control, requiring constant adjustments and posing risks such as vascular trauma, thrombosis, or procedural failure. In contrast, steerable introducer sheaths provide real-time directional control, enabling physicians to navigate stenosed or curved vasculature without excessive mechanical stress. This improved precision reduces complications like vessel perforation, dissection, or occlusion.

Additionally, steerable sheaths enhance procedural success by reducing the time required for optimal catheter positioning. Their hydrophilic coating minimizes friction and resistance, allowing for smoother advancement with minimal force. This not only simplifies insertion but also ensures greater patient safety by lowering the risk of vascular trauma and thrombosis.

The basic tool utilized in the cardiac ablation to treat the heart rhythm disorder, arrhythmia is steerable catheters. They allow a doctor to guide this catheter through vasculature from insertion site in the groin to atrium (Mahta et al., 2016). Precise manipulation of cardiac catheters remains a complicated task, due to the dynamic cardiac environment and the limited freedom of catheter movement (Tamas Szili-Torok et al., 2020).

The Steerable Introducer Sheath technology designed to facilitate catheter access, stability and tissue contact in target sites of atrial fibrillation (AF) catheter ablation. We hypothesized that rhythm control after interventional AF treatment is more successful using a steerable as compared with a non-steerable sheath access. The braided sheath construction allows for curve durability and kink resistance during long procedures (Mallios et al., 2012).

## 2. Literature Review

The steerable catheter refers to the catheter that is manipulated by a mechanism which may be driven by operators or by actuators. The steerable catheter for minimally invasive surgery has rapidly become a rich and diverse area of research. Many important achievements in design, application and analysis of the steerable catheter have been made in the past decade (Xiaohua et al., 2018).

It has allowed the advancement of the endovascular era with great impact in clinical practice worldwide. Improved material characteristics, lower profile, and a wide range of commercially available devices have led to excellent procedural results, even in the most complex cases (Mallios et.al., 2012).

Steerable catheters are key tools in performing cardiac ablation for the treatment of arrhythmia, or heart rhythm disorder. The catheter is steered through the vasculature from the insertion point in the groin area to the atrium (Khoshnam, et.al., 2016).

This approach to using endovascular grafts with fenestrations and branches for the management of aneurysmal disease has become common place. Despite this, even experienced professionals will find the deployment of such grafts technically demanding. Specifically, the cannulation of target vessels and subsequent passage of bridging stents can sometimes be challenging if the vessel orientation is counter to the approach direction. The idea of an antidegenerate sheath for the performance of cannulation of a target vessel of the aorta and of peripheral vessels is appealing. Sheaths that are specifically designed for this intended use are only marketed in few regions of the world. In contrast, sheaths designed for application in radiofrequency ablation procedures, are very commonly used worldwide in cardiac applications (Harrison et. al., 2023).

One possible strategy to overcome the challenges of achieving precise, stable sheath positioning in complex anatomy is the use of a steerable catheter. A remotely steerable catheter has been previously used for cannulating a limb of an aortic endovascular graft; however, standard techniques have failed. The tight radius of curvature of the steerable catheter permitted a 180 degree turn within the narrow constraints the graft and precise positioning directly into the side branch (pp. Carrell et. al., 2012).

Transradial access (TRA) has become increasingly favored over the traditional transfemoral approach for neurointerventional procedures, however radial artery spasm (RAS) and radial artery occlusion (RAO) pose challenges to this approach. RAS is one of the most common complications associated with TRA that can impede procedural success and cause significant pain to patients. A promising strategy to mitigate RAS is the use of hydrophilic-coated (HC) introducer sheaths. The lubricious surface facilitates smoother insertion and manipulation within the radial artery, potentially reducing friction that contributes to RAS. Prior studies have reported conflicting results regarding the utility of HC sheaths in reducing the risk of RAS. Thus, the clinical benefit of HC sheaths is not fully understood. The purpose of this study is to conduct a systematic review and meta-analysis of randomized controlled trials (RCTs) comparing HC introducer sheaths with non-coated (NC) introducer sheaths during transradial procedures and their impact on RAS, RAO, periprocedural pain, and complications (Hukamdad et. al., 2024).

While *In-vitro* and early clinical studies show improved procedural efficiency, there is limited data on long-term outcomes of steerable sheaths in real-world applications. More clinical trials are needed to validate their long-term effectiveness and safety. Further research should focus on pre-clinical validation, comparative effectiveness, and long-term durability, enabling broader adoption and innovation in minimally invasive interventions.

---

### 3. Material Method

The advanced cardiology simulation models are used to test the steerable introducer sheath, replicating the anatomy of the human cardiovascular system, which includes arteries, veins, heart chambers, and blood vessels. The steerable introducer sheath is smoothly passed and checked at each angle rotation in 180°.

#### 3.1. Performance of Device

In cardiology, a steerable introducer sheath's flexibility, durability, and usefulness are frequently tested in a variety of simulated situations that mimic actual clinical settings. The test can assist in confirming the device's accuracy and 180° rotation, particularly in sensitive situations.

#### 3.2. Device Design

The introducer sheath should be flexible, robust, and biocompatible. Medical-grade polymers such as polyurethane or silicon are used. The following materials were chosen because they provide the necessary pliability and flexibility while being safe within the human body. The innermost layer is constructed of PTFE (Polytetrafluoroethylene), offering a low-friction channel that allows for smooth guidewire and therapeutic agent movement. A second inner layer is Pebax, which adds flexibility and resistance to kinking when passing through tortuous vessels. The middle layer is SS304 (Stainless Steel), offering a balance of proximal pushability and distal flexibility, allowing for controlled advancement and vessel selectivity. The Platinum/Iridium marker material offers high contrast under fluoroscopy for proper positioning. The

dilator is composed of a shaft and hub made from HDPE (High-Density Polyethylene), offering a low coefficient of friction to minimize wear and tear on the shaft while supporting components such as bearings and hubs.

### 3.3. Additional Features

- **Hydrophilic Coating:** Lubricity is enabled to provide frictionless steerability.
- **Polyurethane Tube:** Polyurethane is most flexible, so that tube bends and adapt all kinds of shapes and paths inside the body without breaking or kinking.
- **Nitinol Core Wire:** It can be used to navigate and steer the device through narrow or tortuous passages in the body.

### 3.4. Key Device Specifications

- Material: Pebax outer layer, stainless steel and PTFE inner layer.
- Hydrophilic Coating: Enhanced navigation and reduced friction.
- Markers: Platinum-iridium markers for accurate fluoroscopic visualization.
- Sheath Length (cm): Usable lengths 72
- J-tip Guidewire: 0.032 Nitinol Tube: Polyurethane , Coating: Hydrophilic
- Dilator Length (cm): 94.5

The in vitro simulation test for the steerable introducer sheath is performed by parody condition found in human vasculature to check the performance of the device in the steerable introducer sheath, which can be testing for its ability to navigate through complex tortuous vascular pathways. The step-by-step approach for this simulation is as follows:

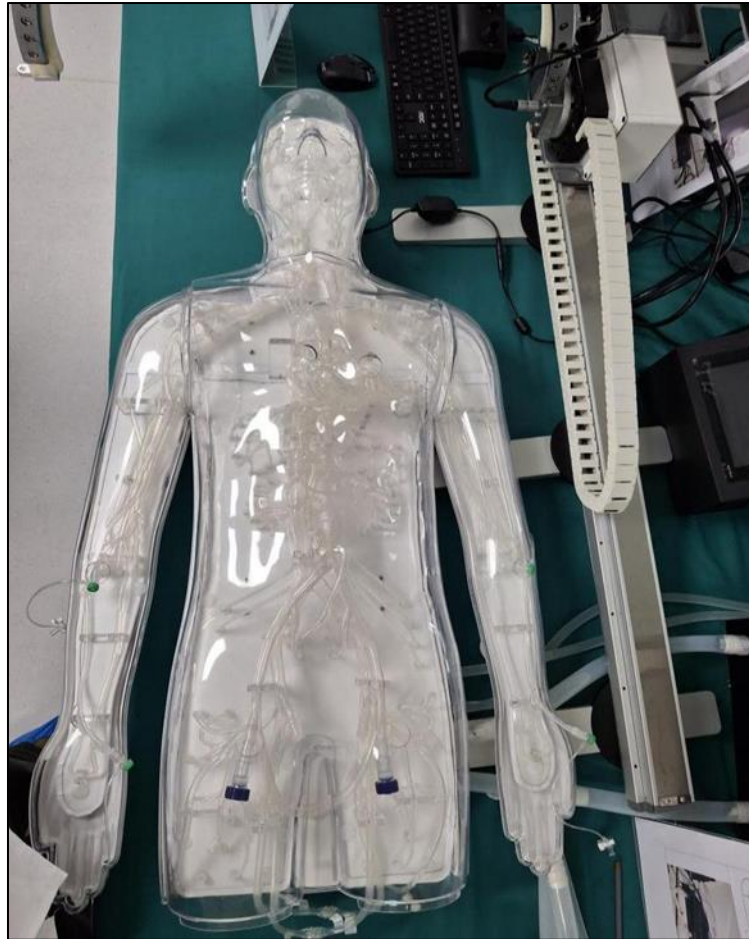
### 3.5. Preparation of Simulation Environment

*3.5.1. Size matrix and specifications of the Steerable Introducer Sheath used in the simulation environment preparation:*

**Table 1** Dimensions and Compatibility of Sheath and Dilator Components

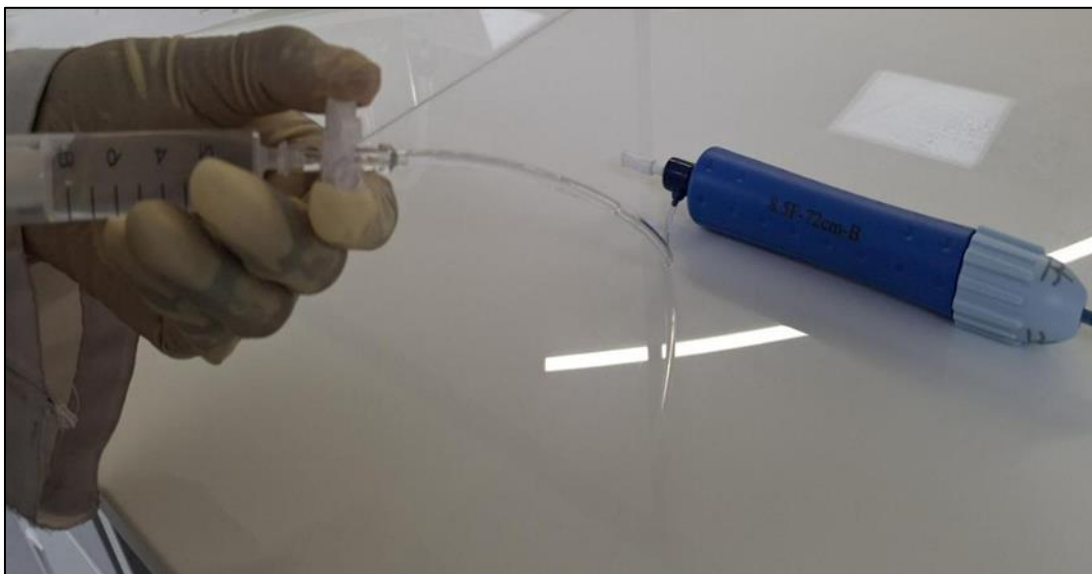
Sheath I.D (Fr)	7.5-9.5
Sheath O.D (mm)	2.77-4.77
Sheath I.D (mm)	1.95-3.95
Sheath Length (cm)	71-73
Dilator Diameter (mm)	1.83-3.83
Dilator Length (cm)	93.5-95.5
J-tip Guidewire Compatibility (inch)	0.031-0.033
J-tip Guidewire Length (cm)	179-181
Dilator Curve	45°, 60°
Sheath Curve Diameter	Small(16-18mm), Medium(22-24mm) & Large (49-51mm)

- **Material:** The model was basically silicone materials in simulating the compliance and mechanical properties of the human cardiovascular system.
- **Temperature Control:** The temperature in the testing setting was kept at 37°C to accurately reflect the physiological state of the human body.
- **Blood-Mimicking Fluid:** To replicate actual flow dynamics, use a saline solution with a viscosity comparable to blood.
- **Static configuration:** To remove friction and better simulate the environment of cardiac arteries, the model was put into isotonic saline.
- **Geometry:** It was based upon an anatomical model having bifurcations and tortuous pathways simulating the original pathology (Refer Figure 2)



**Figure 1** Full Body Anatomy Simulation Model

### 3.6. Testing Procedure:



**Figure 2** Flushing of dilator

The steerable introducer sheath packaging should be inspected for integrity before opening. The sheath should be examined to ensure that the package is intact. It should be verified that the sheath is free from scratches, kinks, damage, bends, and foreign particles. The sheath should remain intact and should not have any tears, scratches, pinholes, fold

marks, or any other defects. Similarly, the sheath and dilator should be inspected to confirm that they are free from scratches, kinks, damage, bends, and foreign particles. They should remain intact without any tears, scratches, pinholes, fold marks, or other defects. Before use, the dilator and sheath should be thoroughly rinsed with 0.9% saline solution (Refer Figure 2 and 3). The steerable sheath should only be inserted when the distal end is completely straight. Prior to insertion, both the sheath and dilator should be thoroughly flushed with heparinized saline solution. This step is critical to preventing clot formation and ensuring that the system is clear for use.



**Figure 3** Flushing of Sheath

The J-tip guidewire should be inserted into the perfect point of the cardiology simulation model. It should be ensured that the guidewire is correctly placed and ready for testing (Refer Figure 4). The J-tip guidewire should then be carefully advanced into the vasculature access point in the cardiac simulation model until it reaches the required depth. This should be done without inducing resistance or causing any damage in the process.



**Figure 4** Inserting of J-tip guidewire



The dilator and sheath should be assembled until the dilator hub locks securely into the sheath hub. It is essential to ensure that the dilator hub locks securely into the introducer sheath hub, creating a tight connection between the two components. The distal end of the steerable sheath must be in straight position prior to insertion within the simulation model. Kinked or bent insertion of the sheath may lead to a complication. Insertion of the sheath and dilator assembly over the J-tip guidewire should be performed in smooth twist to enable easy passage through the vasculature (Refer Figure 5 ) The two components must move freely over the guidewire. Once the dilator and sheath are in proper position within the simulation model, the knob of the steerable sheath must be rotated to obtain the desired degree of distal deflection in the direction of the procedure to be carried out.



**Figure 5** Inserting of steerable introducer sheath

The sheath/dilator assembly should be positioned into the desired heart chamber or target location within the simulation model. The steerable sheath knob should be turned in the direction of the desired distal deflection, ensuring that the sheath remains in the intended position until the sheath handle is turned again. The position of the sheath and guidewire should be regularly verified in the cardiology simulation model to confirm that they are accurately placed in the desired location within the heart chambers

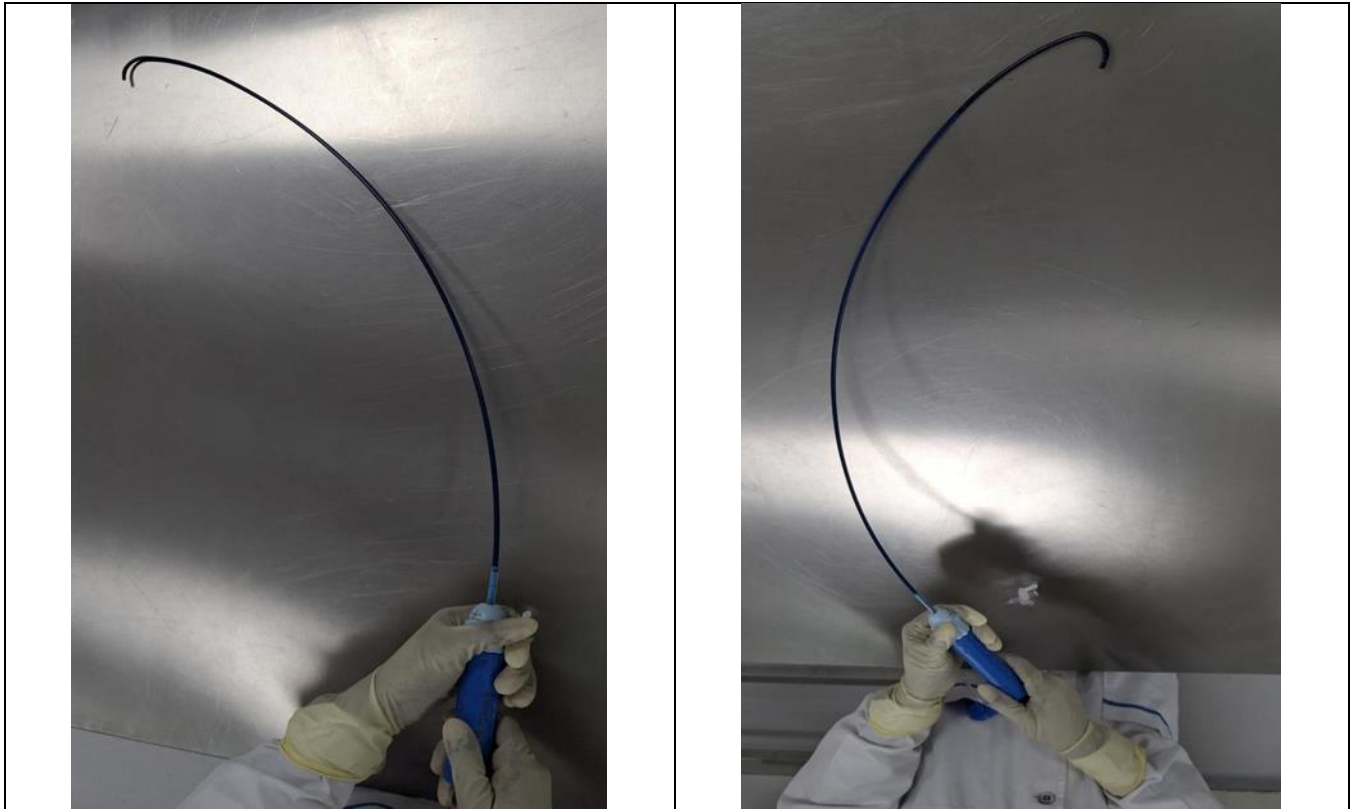
### **3.7. Navigation performances:**

The interpretation of the steerable introducer sheath was appraise through simulation model designed to imitate the intricate anatomy of the human body.

The steerable introducer sheath was passed into an *In-vitro* simulation model using guidewire to test flexibility and kinking resistance.

The sheath was advanced through vascular channels using a J-tip guidewire to evaluate its capability to pass through different curves and bifurcations. During the procedure, the flexibility of the introducer sheath was tested especially in navigating tight bends and varied vascular configurations. The trial sought to establish if the introducer sheath would be able to retain its structural design and prevent complications like too much friction or deformation, thus impairing its capability to access the target anatomical location. The performance of the introducer sheath was observed to support its unobstructed passage, free from any difficulty, and in a way that no decline in its mechanical framework occurred during the process, even when faced with intricate vascular geometry.

### 3.8. Steerability and Deflection Control



**Figure 6** Deflection Control of Introducer sheath

The steerability of the introducer sheath was checked through manipulation of the steerable knob to achieve required distal deflection for advancement of the sheath along the simulation model. Various angles and positional adjustments were carried out in the sheath for realistic clinical scenarios that are considered critical for perfect control of the sheath's position. This test was aimed at the capacity of the introducer sheath to sustain stable deflection without compromising its shape or failing to return to the neutral state. The test also evaluated the response time of the steering mechanism, testing if the sheath could respond rapidly to changes in direction, especially when used with more complex vascular structures such as bifurcations or tortuous routes. As complexities can be linked with the clinical deflection control in the event of resistance or delay, these have been given great importance.

### 3.9. Resistance Test Kinking and Bending:

#### 3.9.1. Test procedure

Test instruments used -Kink Fixture, ( Equipment ID: MMI1/FXT03)

- Perform Kink test using Kink Fixture(Mandrel). The kink radius was determined at two locations, distributed on two different regions on the catheter. The two different regions are distal region of catheter and proximal region of catheter. The sample is wrapped (over 180°) around the mandrel with successively smaller radius.
- The Kink of the catheter continue in smaller radius until the catheter kinks or the lumen collapses.
- When the catheter is kinked, the test is stopped and the diameter of mandrel (where the kink occurs) is measured with a caliper to determine the kink radius.





**Figure 7** Kink Resistance Test for Steerable Introducer Sheath

Resistance to kinking of the steerable introducer sheath was tested by bending it to extreme angles under the simulated worst-case conditions of real vascular anatomy.

The objective was to quantify the flexibility of the introducer sheath and the degree to which it can cope with kinking, a typical phenomenon in catheterization procedures which may hinder the flow of blood or decrease the efficacy of the device. The deflection amount was stepped up gradually and the steerable introducer sheath was submitted to several bend conditions to ensure that integrity in the lumen was sustained. No major kinking, occlusion, or damage to the structure was seen, proving that even under adverse circumstances, the sheath performed effectively. Flexibility of the introducer sheath and the ability to preserve integrity of the lumen at unusual vascular angles within the vascular model were evaluated through bending the introducer sheath at such vascular angles.

### 3.10. Efficiency of Hydrophilic Coating:

#### 3.10.1. Test procedure

- Test instruments used:

#### Friction Testing Machine

Hydrophilic coated sample of Steerable Introducer Sheath measure length of coating and cut in appropriate size for lubricity test. Cut a section (130mm) from the distal end of the sample to be tested. The sample should not be cut so long that it hits the bottom of bath during testing. Slide the lower assembly on the rail and deep the gripper pads in to the purified water. Fix lower assembly indicator to appropriate position using lower assembly pin. Lubricity test gripper pads shall be deep in Purified water. Stylet shall be inserted through the sample's lumen. Make sure the sample is long enough for the programmed testing length, so that the lower end of the sample will not be pulled out the pads during testing. Fix the Test sample in upper assembly (load cell). Press soft key that corresponds to the "Test" button. Press the green start test key to begin the test run. Allow the system to run through the desired test cycles. Then report is generates.

The hydrophilic coating of the steerable introducer sheath was evaluated for friction resistance and lubricity enhancement in an *In-vitro* simulation model. The coating was evaluated to minimize friction during insertion and advancement in the vascular model, thereby ensuring smooth transit and preventing the possibility of vessel trauma. Frictional resistance in test monitoring -capability to enhance lubricity of a coating was checked. The simulation model proved the consistency of the coating, checking whether it continued to maintain its lubrication properties after extended use and after several manipulations. The idea was to ensure that it could maintain ease of movement during the procedure, thus improving the user's experience and reducing the risks of damaging the vascular wall. There were no signs of deterioration in the performance of the coating and that of the sheath itself during post-test inspections. The

coating, thus proved effective in providing adequate lubrication for a more prolonged period. The infusion and resistance to kinking infill both before and after testing during simulation, so no signs of structural damage or any loss of performance were discovered by the post-test inspection process.

### 3.11. Post-Test Integrity and Performance

After the simulation process, the structural integrity and performance of the steerable introducer sheath were carefully assessed. The sheath was inspected to see if there were any tears, abrasions, or damage in it due to excessive handling, and the performance of the steering mechanism was remeasured to ensure that they were still working. In addition, the hydrophilic coating was tested to check whether it remained intact and viable after repeated use. The sheath showed no significant damage or performance degradation, and all components functioned as expected, confirming the high durability and reliability of the steerable introducer sheath under typical procedural conditions.

Table 1 summarizes the key test parameters and observations recorded during the *In-vitro* studies are as follows:

## 4. Result

A sample of Steerable Introducer Sheath was tested for parameters such as resistance to kinking and Bending Pliability & Stretching, Durability test, Pushability and J tip guidewire and Flexibility. Following results were found as mentioned in Table 1.

**Table 1** Test Parameters and Observations

Sr. No.	Test Parameter	Observation	Quantitative Results	Standard
01	Resistance to Kinking and Bending	The sheath exhibited excellent kink resistance, maintaining structural integrity in narrow, curved pathways. The ability of the sheath to resist deformation when bent or twisted during insertion into tortuous vessels.	100% lumen patency at 180° bends; 40% higher deformation resistance,	ISO 10555-5 (intravascular devices)
02	Pliability & Stretching	The ability of the material to bend without breaking, crucial for navigating through tortuous vascular pathways. The capacity of the material to stretch or elongate under tension without failing, important for maintaining structural integrity under dynamic forces.	Bend radius: $2.1 \pm 0.3$ mm (180° bend); Elongation at break: $320 \pm 15\%$	ASTM F2606, ISO 10555-5
03	Durability Test	No structural damage or significant performance degradation after multiple uses.	95.3% flexibility retention after 50 navigation cycles; no mechanical failures	NA
04	Pushability and Kink Resistance	The ease with which the sheath can be advanced through the vasculature without excessive force.	should demonstrate a kink radius less than or equal to 15 mm	ISO 10555-5
05	J-tip guidewire Flexibility Test	The ability of the J-tip to bend and conform to curves without breaking, snapping, or becoming permanently deformed. Tip navigates bifurcations smoothly without structural damage.	Bend angle tolerance: 270° without permanent deformation; Cyclic bending durability: 0% failure after 50 cycles; Bending force: $0.45 \pm 0.1$ N	ASTM F2606 (guidewire flexibility)
06	Hydrophilic Coating (Friction Testing)	Hydrophilic coatings significantly reduce the coefficient of friction compared to uncoated surfaces, making device insertion smoother.	Steerable Introducer Sheath shall be $\leq 50$ g within 20 cycles	FDA16007 Guideline

Steerability introducer sheath *In-vitro* studies provided improved kink resistance and flexibility. Hydrophilic coating provided ultra-smooth tracking with low procedural time to a bare minimum. Radiopaque markers with fluoroscopy provided visible placement, with the inner layer of PTFE providing smooth and effective agent distribution. These test results all evaluate the safety, reliability, and performance of the device. This research established first-pass success, retrieval durability, and kink resistance, which proved that the device highly increases clinical performance of the patient. These tests are crucial in authenticating the effectiveness and safety of the device so that it would be able to function under varied conditions without resulting in any damage to the patient.

## 5. Discussion

The *In-vitro* simulation testing of the steerable introducer sheath highlights its cutting-edge capability of combating the challenges of vascular interventions. The system performed well on several key parameters, providing significant insights into its structural integrity and functional performance within vascular models.

The *In-vitro* simulation results robustly demonstrate the Steerable Introducer Sheath's technical capabilities, including exceptional kink resistance, precise steerability, and durable hydrophilic lubricity. However, while the study provides critical preclinical validation, several limitations inherent to the *In-vitro* model must be acknowledged to contextualize its translational potential. The silicone-based anatomical model, while replicating geometric complexity, lacks pulsatile blood flow and dynamic vessel compliance. Silicone materials approximate but do not fully replicate the viscoelastic behavior of human vessels.

The following key strengths were noted during testing:

The hydrophilic coating applied to the steerable introducer sheath plays a crucial role in reducing friction, ensuring smooth passage through complex vascular pathways. This coating interacts with bodily fluids to create a lubricated surface, significantly minimizing resistance during insertion and navigation. As a result, procedural efficiency is enhanced, reducing both the time required for catheter placement and the risk of vessel trauma.

Complementing this low-friction surface, the multi-layered wall structure further optimizes maneuverability. This design is particularly advantageous in cardiovascular interventions, where the vascular anatomy is highly intricate and prone to complications. The layered composition provides the necessary flexibility and durability, allowing the sheath to traverse tortuous pathways with ease.

The multi-layered design of the steerable introducer sheath, including a composite nitinol-stainless steel layer, provides unparalleled flexibility, tensile strength, and resistance to kinking—all of paramount importance when advancing through convoluted vascular anatomies. The shape-memory property of nitinol confers the degree of elasticity and toughness required to shape the sheath around serpentine vessel paths while ensuring its original shape. Stainless steel, in turn, increases pushability and radial support to ensure stable catheter placement without deformation or loss of control.

The introducer sheath showed excellent kink resistance during movement through tortuous and narrow vascular pathways, maintaining its structural integrity even in the presence of extreme bending stress. Such a characteristic is especially crucial for the treatment of complex cardiovascular lesions, wherein vessel tortuosity can hinder smooth passage of the device. The introducer sheath system also showed superior trackability and pushability, enabling precise maneuverability and positioning without resultant resistance or undesirable deviations. These characteristics guarantee a great degree of control and previsibility, which is essential for reducing procedural complications and optimizing clinical outcomes.

### 5.1. Future Directions for Research

The enhanced mechanical performance and precise deployment characteristics of the steerable introducer sheath warrant it as a worthwhile tool for challenging peripheral and cardiovascular procedures. The flexibility, structural integrity, and enhanced maneuverability of the device offer predictable performance even in severely tortuous vascular anatomy, minimizing the risk of procedure-related complications and optimizing clinical success.

The combination of kink resistance, radial strength, and steerability enables the sheath to endure long-term physiologic stress, leading to enhanced procedural efficiency and potentially reducing complication rates like vessel trauma and thrombosis. These properties make it highly useful in minimally invasive procedures, where accuracy is crucial in passing through delicate vascular structures.

In the future, further biomechanical tests, including hemodynamic flow modeling and material fatigue testing, will also be required to define its long-term biological interaction with vascular tissue. Large-scale clinical trials will be required to determine its real-world safety and efficacy and establish that its utility can be translated across patient populations. These future studies will be critical in optimizing sheath technology and its use in next-generation interventional medicine.

---

## 6. Conclusion

According to the above finding Steerable introducer sheaths are flexible and durable tools that assist physicians in performing minimally invasive procedures on blood vessels. These devices are designed with advanced features, including a lubricious, smooth coating, radiopaque markers for enhanced visibility in imaging, and a multi-layered construction for added support and durability. These allow easy passage along the blood vessels and targeted delivery of medicine or therapy. They also maintain the blood vessel patent, provide a constant blood flow, and allow physicians to pass through hard or kinked segments. Due to these benefits, they are particularly useful in procedures that drain out blood clots, close off abnormal bleeding, or repair bulging blood vessels. The device offers excellent navigation, kink-resistance, and infusion capability. There are challenges, though, like navigating extremely challenging vessel anatomies and clot stability during retrieval. These are opportunities for innovation to advance its use to more challenging cases. Additional clinical trials will need to be performed to assess safety and efficacy in anticipation of more widespread application in interventional radiology and endovascular therapy. The steerable introducer sheath holds significant potential for further advancing procedural success and optimizing patient care, even in the most challenging clinical environments. With ongoing innovation and rigorous clinical evaluation, it is poised to establish a critical role in the treatment protocols for minimally invasive procedures, facilitating enhanced and more effective patient outcomes.

---

## Compliance with ethical standards

### *Disclosure of Conflict of Interest*

I declare that I have no conflicts of interest to disclose.

---

## References

- [1] Khoshnam, Mahta, and Rajni V. Patel. "Tendon-sheath analysis for modeling and control of steerable ablation catheters." In *2016 IEEE International Conference on Advanced Intelligent Mechatronics (AIM)*, pp. 1585-1590. IEEE, 2016.
- [2] Mallios, Alexandros, Willy Yankovic, Benoit Boura, and Myriam Combes. "Three new techniques for creation of a steerable sheath, a 4F snare, and bidirectional sheath inversion using existing endovascular materials." *Journal of vascular surgery* 56, no. 3 (2012): 853-860.
- [3] Harrison, Ben, and Richard Bond. "Use of steerable sheaths for complex aortic procedures." *Vascular* (2023): 17085381231174726.
- [4] Carrell, Tom, Neville Dastur, Richard Salter, and Peter Taylor. "Use of a remotely steerable "robotic" catheter in a branched endovascular aortic graft." *Journal of vascular surgery* 55, no. 1 (2012): 223-225.
- [5] Silva, Michael B. "Guidewires, catheters, and sheaths." *Endovascular Surgery*, Elsevier Inc.,(Dec. 1, 2011) (2010): 59-69.
- [6] Masuda, Masaharu, Masashi Fujita, Osamu Iida, Shin Okamoto, Takayuki Ishihara, Kiyonori Nanto, Takashi Kanda et al. "Steerable versus non-steerable sheaths during pulmonary vein isolation: impact of left atrial enlargement on the catheter-tissue contact force." *Journal of Interventional Cardiac Electrophysiology* 47 (2016): 99-107.
- [7] Ali, Awaz, Dick H. Plettenburg, and Paul Breedveld. "Steerable catheters in cardiology: Classifying steerability and assessing future challenges." *IEEE Transactions on Biomedical Engineering* 63, no. 4 (2016): 679-693.
- [8] Chautems, Christophe, Sean Lyttle, Quentin Boehler, and Bradley J. Nelson. "Design and evaluation of a steerable magnetic sheath for cardiac ablations." *IEEE Robotics and Automation Letters* 3, no. 3 (2018): 2123-2128.
- [9] Settembrini, Alberto M., Tilo Kölbel, Fiona Rohlfes, Ahmed Eleshra, E. Sebastian Debus, and Giuseppe Panuccio. "Use of a steerable sheath for antegrade catheterization of a supra-aortic branch of an inner-branched arch endograft via a percutaneous femoral access." *Journal of Endovascular Therapy* 27, no. 6 (2020): 917-921.

- [10] Fitzpatrick, Noel, Ashish Mittal, Joseph Galvin, Gael Jauvert, John Keaney, Edward Keelan, Jim O'Brien, and Gábor Széplaki. "The impact of steerable sheath visualization during catheter ablation for atrial fibrillation." *Europace* 25, no. 4 (2023): 1345-1351.
- [11] Vaccarino, Roberta, Angelos Karelis, Björn Sonesson, and Nuno V. Dias. "Steerable sheath for exclusively femoral bilateral extension of previous fenestrated endovascular aneurysm repair with iliac branch devices." *Journal of Vascular Surgery Cases, Innovations and Techniques* 7, no. 2 (2021): 322-325.
- [12] Ali, Awaz, Aimee Sakes, Ewout A. Arkenbout, Paul Henselmans, Remi van Starckenburg, Tamas Szili-Torok, and Paul Breedveld. "Catheter steering in interventional cardiology: Mechanical analysis and novel solution." *Proceedings of the Institution of Mechanical Engineers, Part H: Journal of Engineering in Medicine* 233, no. 12 (2019): 1207-1218.
- [13] Hu, Xiaohua, Ang Chen, Yigang Luo, Chris Zhang, and Edwin Zhang. "Steerable catheters for minimally invasive surgery: a review and future directions." *Computer Assisted Surgery* 23, no. 1 (2018): 21-41.
- [14] Ali, Awaz, Tamas Szili-Torok, Marco Stijnen, Paul Breedveld, and Dimitra Dodou. "First expert evaluation of a new steerable catheter in an isolated beating heart." *Cardiovascular Engineering and Technology* 11 (2020): 769-782.
- [15] Hukamdad, M., K. Adachi, Y. Soliman, R. Ezzeldin, and M. Ezzeldin. "The Use of Hydrophilic-Coated Introducer Sheaths for Reducing Radial Artery Spasm During Transradial Procedures: A Systematic Review and Meta-Analysis." *Stroke: Vascular and Interventional Neurology* 4 (2024): e12984\_431.