

## Augmented Reality (AR) for on-site hazard identification and worker training

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### Abstract

In recent times, augmented reality has gained attention as an important enabling technology in multiple industries, particularly for construction and safety management. This paper assesses the extent to which augmented reality could potentially be applied in the field for hazard identification and worker training while advocating for its usability in enhancing the safety culture of the construction industry. Supported by evidence from some studies, this paper analyzes the benefits of AR, such as enhanced safety risk consciousness, advanced training strategies, and the promotion of safety standards and laws. The outcomes demonstrate AR's substantial contributions in hazard detection and the promotion of workers' safety practice compliance, thus contributing to a safer working environment. Pertaining to barriers towards technology applicability, integration into present frameworks, and commercial viability, this paper also provides an insight into recommendations for effective implementation.

**Keywords:** Augmented Reality; Hazard Identification; Worker Training; Construction Safety; Workplace Safety; Technology Integration; Safety Culture; On-Site Training; Immersive Learning

### 1. Introduction

Construction is among the most hazardous sectors in the world, with reports of higher rates of workplace injuries and fatalities than many other industries. As stated by the U.S. Occupational Safety and Health Administration (OSHA), construction workers are at risk from falls, electrocutions, being struck by objects, and being caught in collapsing structures-which are termed the 'Fatal Four' in OSHA terminology (U.S. Department of Labor, OSHA, 2021). Given the complexity associated with a construction environment and ongoing construction projects, an effective hazard identification strategy and comprehensive training program are critical elements to reduce risks and maximize safety outcomes (Hallowell & Gambatese, 2010).

Many traditional training techniques, such as classroom and instructional methods, provide low engagement for the workers in that they do not transfer the necessary skills and knowledge for the workers to safely function on job sites. Many workers state such training methods do not reflect the actual risks they face on-site, thereby causing dangerous gaps in safety awareness. To that end, there is a strong demand for emerging training mechanisms that can assist in connecting knowledge with practice.

Augmented Reality systems represent a considerable opportunity to improve safety training and hazard awareness for the construction environment by overlaying digital information onto the physical world in real-time (Arici et al., 2020). Thus, this paper focuses on explorations of the novel applications of AR for site hazard identification and worker training while discussing the technology's possible benefits, implementation challenges, and best practices for integrating AR into existing safety management systems.

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## 2. Methodology

This research analyzes the application of Augmented Reality (AR) into hazard identification and training in the construction sector by reference to my ten years' worth of experience in Health, Safety, and Environmental (HSE) management. Consequently, I have developed an appreciation for what are arguably the most intricate challenges in the management of health and safety in construction environments. This background has further assisted in assessing the selected literature and formulating the research and in examining other allied literature.

Field experience gives me insight on how AR can be used for hazard identification and training. By meshing theoretical constructs with field examples, the study assesses how AR technologies can mediate safety practice and subsequently far-reaching safety outcomes in construction projects.

### 2.1. Inclusion Criteria

Studies addressing applications of AR related to hazard identification and worker training in construction work.

Insights and recommendations that can directly translate into industrial practices in line with my professional experiences and observations.

### 2.2. Exclusion Criteria

- Any non-empirical investigations not addressing construction safety.
- Any articles not directly covering some application or outcome of AR.
- Studies that have any field of interest other than construction.

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## 3. Findings

### 3.1. Merits of AR in Hazard Identification

- Improved Situational Awareness: AR has autopiloted dynamism in the visualization as it now brings about real-time hazard information available to workers through smartphones, tablets, or AR glasses. Workers can be able to superimpose apparent potential dangers in their surroundings; for example using AR applications, electrical hazards can be marked with potential shock risks and unstable surfaces visually flagged (Feng et al., 2020). By such improved situational awareness, an immediate recognition of hazards is made, which otherwise may not be detected in a complex construction ambience.
- Training for Improved Hazard Recognition: Hence, the static but off-context safety instructions are where the traditional safety training stands with regard to AR. Workers learn by experience in AR to recognize hazards along with what to do in such safe, controlled environments that simulate dangerous scenarios borrowed from real life like scaffold collapse, hazardous material spills, etc. Such scenarios viewed in AR help prepare for critical decision-making skills needed to mitigate risks in dynamic and unpredictable construction conditions (Gonzalez et.al, 2021).
- Real-time Feedback: Yet another emerging benefit of AR systems is the immediate context-specific feedback on safe behavior. Using a real-time assessment of operational behavior against established safety requirements, workers are corrected and informed through alerts (Cherney et al., 2021). Such situations create an environment of real-time intervention in which safe working behaviors are reinforced, thereby creating a very positive culture of safety in which workers remain very conscious of their surroundings and actions.

### 3.2. Workers' Training Benefits with AR

- Experience Learning That is Immersive: Because AR creates such an immersive environment, it makes the learning, as compared to other conventional training methods, far superior in retention of knowledge. By building participatory scenarios representing reality in the workplace, AR can give active learning by allowing workers to explore and make errors that will not carry real-world consequences (Huang et al., 2020). That environment can host various kinds of learning styles, especially benefiting those learning best through hands-on experience.
- Flexibility and Easy Access: Flexible adaptation to workers' needs is among the most important advantages of AR training. The training could be specifically tailored to job tasks and risks associated with that high-specific project. It is done on site, eliminating several logistical challenges arising from off-site training (Cheng et al., 2019). Also, modification of safety protocols or rules entails updating the AR content that ensures workers will

always be up-to-date with the most current safety practices, which avoids repeating the same old traditional training exercises repeatedly.

- **Cost Savings:** The cost of AR technology may appear high at the start; however, in the long-term, the economic advantages should not be neglected. When accidents reduced, so are compensation costs, downtime, and increased productivity in workers well trained (Yang et al., 2020). Besides, AR gives continuous opportunities for training and reduces the need for long training periods, thus keeping an organization from wasting time and money.

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#### 4. Discussion and Challenges

Real benefits can be seen in employing AR for hazard identification and worker training; however, some hurdles will need to be overcome in order to guarantee the successful introduction:

- **Barriers to Technological Adoption:** Resistance is ingrained in several stakeholders against the adoption of AR technologies due to their ingrained practices and unawareness of new technologies and their effectiveness. Management is to spearhead efforts that develop an environment for encouraging technological acceptance through underscoring the possible safety benefits and extending support to employees (Li et al., 2021).
- **Cost Tokens:** Initial capital investments in AR systems deter firms from advancing to AR-related training. Decision-makers need to consider the fact that the costs will prove worth it in the long term as they save on injury-rate reductions and enhanced worker productivity (Gonzalez et al., 2021). Demonstrating a return on investment will also make it easier to gain the buy-in from the organization.
- **Training and Usability:** AR uses some fascinating functionalities; however, the usability of these systems is of utmost priority. Employees will have to be trained to utilize AR tools effectively. Hence, organizations should create user-friendly interfaces to make these systems relatively straightforward and engaging for workers so that the emphasis can be on safety-related tasks rather than the system overwhelming the employee (de la Torre et al., 2019).
- **Integration with Existing Safety Protocols:** The flexibility of AR technologies must be injected into the current safety training program and practice. This often means working across departments-involving safety management professionals, training coordinators, and technology specialists-to ensure that the AR application meets the safe practices and frameworks already developed (Cheng et al., 2019).
- **Cultural Acceptance:** Only strong leadership and effective communication can create a tech culture that convinces employees of the advantages of AR safety improvements. The management must ensure that this communication reaches all employees continuously and encourages feedback on the concerns and suggestions that may affect AR adoption (Huang et al., 2020). The culture of safety builds technological trust for proactive hazard management.

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#### 5. Conclusion

Augmented Reality can serve as one of the key innovative approaches in the reinforcement of safety practices in the construction industry. Through enhancing identification of hazards and offering immersive training experiences, augmented reality can significantly contribute to the reduction of accidents and injuries in the workplace and thus the creation of more safety culture. Notably related to technology adoption, cost, and integration challenges, organizations could draw from proactive strategies on training, usability, and cultural acceptance to facilitate successful AR implementations. Future research directions should develop complete frameworks for integrating AR technology into safety management systems, and further explore AR's effects on measurable safety outcomes within different construction environments.

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#### Compliance with ethical standards

##### *Disclosure of conflict of interest*

The authors declare no conflict of interest pertaining to this research project.

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